

Year of the Smile

2013

OUR MISSION:

To help create a safer and more sane world through empowering young people, individuals, and families to live and act with kindness, compassion, and wisdom in all facets of life.

HORSE WARRIORS™

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BOARD

Jenny May Shervin
Connie Helm
Hanna Peterson
Bob Whitmire
Dedre Mills

STAFF

Priscilla Marden, CEIP-ED; ESMHL

*Executive Director
PATH, Int'l. Certified Instructor*
Martha McNeil, LMFT, CEIP-MH
*PATH, Int'l. Certified Instructor
Horses of the Goddess Instructor*

Paige Conklin

Administrative Assistant; Instructor

Kelly Barr

Karrie Lemmon
Instructors

2013 Volunteers

Clint Baird
Jarene Fluckiger
Addy Hutchison
Jean Kitchen
Craig Knecht
Josh Leis
Sue McKnight
Dedre Mills
Diane Palmer
Tony Panarisi
Jan Stuessi
Bob Whitmire
Diana Whitney
Marilynn Zach
Heather Zamora

Horse Warriors™ is a 501(c)(3)
Wyoming Corporation and
PATH (Professional Association of
Therapeutic Horsemanship, Int'l.)
Operating Center Member

2014 Calendar of Horse Warriors™ Events

JANUARY 15:

Returning Student Applications Due

FEBRUARY 15:

New Student Applications Due

MARCH 15:

Scholarship Applications Due

APRIL 15:

Scholarship Awards Sent Out

APRIL 19: Volunteer Training

Part I: EFMH Theory & HW Practice:
Diamondfly Ranch

MAY 18: Volunteer Training

Part II: Mounted and Unmounted Work:
Diamondfly Ranch

JUNE 2-7:

Horses of the Goddess Residential Workshop
for Professionals: Diamondfly Ranch

JUNE 11-13:

Women & Horses Level 1: Diamondfly Ranch

JUNE 16:

Jackson HW Programs Begin: Wilson Arena

JUNE 17:

Jackson Power Ponies & Mighty Mustangs
Programs Begin: Wilson Arena

JUNE 19:

Star Valley Power Ponies/Mighty Mustangs begin:
Diamondfly Ranch

JUNE 20:

Star Valley HW Programs Begin: Diamondfly Ranch

JUNE 25-JULY 2-JULY 9: Pony Camp 1

JULY 16-JULY 23-JULY 30: Pony Camp 2

JULY 22:

White Horse Social at the TC Fair

AUGUST 23:

GYMKHANA 9 AM - 4 PM: Diamondfly Ranch

AUGUST 6-AUGUST 13-AUGUST 20: Pony Camp 3

SEPTEMBER 6: Old Bill's Fun Run

SEPTEMBER 10, 11, 12 or 17, 18, 19 or 24, 25, 26

Women & Horses Residential Programs:
Diamondfly Ranch

DECEMBER 7:

HW Christmas Party Potluck & Winter Carnival
1 - 5 PM: Diamondfly Ranch

Smile! Life's Great!

Guess what? Happiness is contagious here at Horse Warriors™, and that's a good thing!

This year we have a lot to be happy about. We have many students who are moving up to new levels in the programs, we have some marvelous new staff, board and volunteers, we have graduates who are pursuing some interesting paths now that they have hit the, "Oh, boy - I'm a Grown Up", stage in life, and we even added some new courses to our curriculum.



*Who wouldn't be smiling on Gymkhana Day?
Priscilla, Karrie and Paige are ready for the fun!*

Sometimes we can get caught up in worry. We start seeing only the negative in what's around us. But it's a lot more productive to look at the other side of life! That's why we focus our efforts on building upon everyone's uniqueness. We foster the inherent strengths our students - young and old - bring to our circle. We focus on developing strong leadership skills so our kids can start to make a positive difference in the lives they touch.



Canyon smiles every day because he knows that someone will most likely give him a treat!

Whether you're 6 or 100, we invite you to come participate in the fun we have here. Join us for laughter, life changing skill development and camaraderie (and sometimes some really great food!). We'll help you fill your lives with joy and kind horses - nothing could be better than that!

Dreamcatchers

Green
Thumb,
Great
Design!

Dreaming is the first step to creating the reality you want. We like to encourage that - getting what you want! Imagination, brainstorming, sharing stories and inventing good futures are worthy pastimes. In this issue we have some updates from graduate Horse Warriors™ students who are doing well creating the lives they really want. Many of the life skills they learned in the arena and out on the trail have helped them get to where they are today.



*Kendra practicing her horse whispering
with her aunt's horse!*

Kendra Hoover

I've been pretty busy! Right now I am taking classes part time to get a digital media degree. In the summers I go to Casper and work at a greenhouse, which I discovered is a job that I really love. I want to do things that are art or nature related. Being in Horse Warriors™ has helped me a lot with my social interactions and confidence. I think the most important thing I've taken from Horse Warriors™ has been the patience the horses have taught me, because in the end patience will ultimately get you closer to achieving your goals.

Dreamcatchers

Globetrotter
Practice!

I'm sitting on a balcony overlooking the garden of the Green Hotel in Kathmandu. A lot has happened to bring me here, from the shy 11 yr. old just learning to ride, to 10 years later about to embark on a 3.5 week trek around Mt. Manaslu. I left Jackson after being in Horse Warriors™ for 3 years to start high school in Nevada. I started college there, exercising horses at the university stable. While I was there, I spent 3 months traveling in Mongolia. I rode horses across the steppe, and while conducting brucellosis incidence research, I fell in love with the nomadic herding lifestyle, and in turn, with livestock. This inspired me to study dairy science when I transferred to the University of Wisconsin, Madison. I worked at the UW stable, everything from mucking stalls, to feeding, to catching for lessons, working with new horses to see if they'd be good candidates for lessons, to exercising Titan, their magnificent jet black Percheron. I spent the better part of a summer doing an internship on a 2800 cow Holstein dairy in Jalisco, Mexico. Consequently, I was a TA for a class focusing on agriculture and the dairy industry in Central America, particularly in Mexico. From there I had planned on applying to Vet School, hoping to get accepted in Madison to continue working in the dairy industry. Instead, I decided to take some time off school to explore life in the real world, away from academia, to figure out what career I really want to pursue. So I'm just starting that adventure. I'm extremely grateful to my fellow Horse Warriors™, Demo Team, Graine, Tahoe, Ropy and Priscilla's guidance. Partly because I know how to work with and ride horses, but in large part because of how much I learned about myself. Being a Horse Warrior™ built up confidence in myself that I have used throughout my college career (i.e. public speaking), and I know it will help me find my place in the world, academically and professionally. On to the next chapter! Namaste.

Kestrel Schmidt



Kestrel and Graine, many years ago...

Dreamcatchers

Our
Next Miss
Rodeo USA?

Desiree Bridges

What does it take to follow your dream? What does it take to make your wildest one come true? What does it take to try, to fail, and then to get up and try again?

It takes courage. And guts. And sacrifice. And determination. And sometimes there's a little heartbreak along the way. But when it all comes together there's nothing like it in the whole world!

This year we want to give a huge hug of congratulations to former Horse Warriors™ student, Desiree Bridges! We are wildly proud of her for being crowned Miss Rodeo Wyoming this year. She was runner up once before, but this time she's riding right on top!

Desiree won a number of categories in the competition - Personality, Speech, Sales and, most prestigious of all, Horsemanship (yay, Des!!). Desiree believes in heart and perseverance. Her mission is to be an accessible role model, especially for children, and to show all the possibilities of a Western lifestyle with Western values. With her passion, talent and determination, we're confident she'll be a lifelong success!



Miss Rodeo Wyoming 2013



Desiree and Suka: Horse Warriors™ Demo Team 2002

Dreamcatchers

Soon to be
Seen in the
Lights of
Broadway?

Samantha Wittig

I'm currently a senior Musical Theater major at Colorado Mesa University and will graduate with a BA in the Arts at the end of the year, having been on the dean's list almost every semester. After graduation I'll be moving to Philadelphia to pursue my acting career. I've already been in contact with a family friend who owns a theater company out east and has agreed to help me settle into the arts scene there.



Samantha Wittig:
Our Thespien Equestrienne!

This summer I was in a professional production of **The Complete History of America Abridged** done by the Mesa Repertoire Theater Company. It was the first time in my life that I have gotten paid to do the thing that I love, and I can't wait to go out and explore the new jobs the east has in store for me!

The things I learned in Horse Warriors™ helped me get through college and into the field I enjoy. The three biggest things were **Patience, Communication and Trust**. I needed the *patience* to get me through some of my classes, and through the "waiting with grace" to be cast in shows. It paid off when, as a junior, I was finally cast in leading roles and landed my professional job! *Communication* was also key. The theater is all about networking and getting your point across in a direct way. I needed this skill to work with other actors/students, teachers and community members to make my ideas heard and understood. I needed the *trust* in myself to go for what I really wanted, and to know that I had everything that it would take to be good at my chosen path. **All these things I learned in Horse Warriors™ and will carry them with me all my life to help me get through any situation!**



Sam and Woody, Demo Team
and Mentoring Partners!

Dreamcatchers

Ambassador
of the Spirit

Betsy Palmer

I started Horse Warriors™ when I was 12 years old and was involved in it throughout high school. After my senior year, I had the chance to be an intern for the summer. I also had the awesome opportunity to be on staff and be an instructor for Horse Warriors™ after my first year of college.

Horse Warriors™ helped me discover my passion for teaching through giving me opportunities to teach others how to ride. My passion for my faith and for teaching has helped me discover my dream.

I am majoring in both Theology and Sociology at the Catholic University of America in Washington, DC. I absolutely love CUA. This semester, I'm studying abroad at the CUA campus in Rome, Italy! It's a totally different experience. But, my semester in Rome has taught me about myself and what I would like to do with my life.

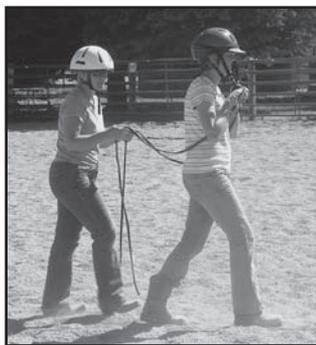
For the first time in my life, I have an idea of what I would like to do with the rest of it! My idea of my perfect career is very different from most people's but it is something I love. I want to spend the rest of my life teaching and sharing the Catholic Faith with others. One of the lessons that Horse Warriors™ has taught me is to never give up. In Horse Warriors™, I was given the opportunity to work with difficult horses and difficult people. Each horse and person taught me a new lesson in perseverance. My hard work would turn out to be something positive. By the end of my time in Horse Warriors™, I was able to ride any of the horses, and see the fruits in a person's life after I had helped them through teaching them. I know I still have a very long way to go before I am where I want to be, but with the lessons of perseverance that I learned from Horse Warriors™, I know my patience and hard work will be worth it.



Smiling in Rome!

(continued on following page)

Dreamcatchers



Betsy and her mom practicing trust building skills early in Betsy's HW career

Pope Emeritus Benedict XVI said "Be neither afraid of the world, nor of the future, nor of your weakness." This quote has a lot of meaning for me. Because of my experiences at and with Horse Warriors™, I'm able to understand this phrase more fully. In going forward with my dream, I shouldn't have fear. Horse Warriors™ taught me to embrace the experiences that the world has given me. It taught me how to stay in the moment instead of worrying about what is to come. But the most impactful thing I've taken away from Horse Warriors™ is to not fear

my weaknesses. **Horse Warriors™ helped me turn my weaknesses into strengths.** In other words, Horse Warriors™ has given me a strong base in knowing how to pursue my dreams and my passions. With the foundations from my own faith, and the foundations that I have built through Horse Warriors™, I know I'm well prepared for what God is asking me to do with my life. Do I have everything figured out yet? Not at all. But my experiences with Horse Warriors™ (and God!) will always be with me as I continue on my journey through life.

MaryJean Stanhope

What could be better than creating a future generation of horse enthusiasts??? We want to thank MaryJean Stanhope for sharing the dream of **horses** with her sons!

MaryJean sent a little comment with her photo that we'd like to share with you: *"I am happy to say that I have two amazing sons now. I think the best thing I learned from HW is that it's OK to ask for help, and to work for what you want. No matter what, my horses are my best friends and are always there. I thank the Horse Warriors™ for such a great experience!"*



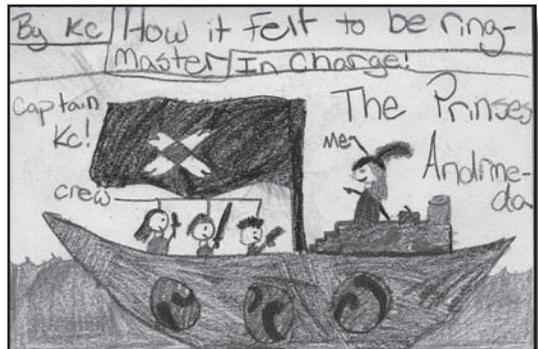
Learning to ride before you walk is always a great way to start an equine career!

Young Teachers, Old Students



“Being the teacher is fun. It’s fun to help people learn. It’s fun to have my mom with me in horse class. It’s fun to groom Graine with my mom.” - Grace

“I love doing things with Grace, and having her teach me horse skills was excellent! Grace was very clear, confident and knowledgeable. I learned a lot. I am very proud of Grace’s teaching success.” - Coleen



Flipping the teaching is the norm in Power Ponies™ and Mighty Mustangs™ because we empower young students to share their knowledge. It’s a change from what happens at home, and yet it’s always a fun and positive experience.

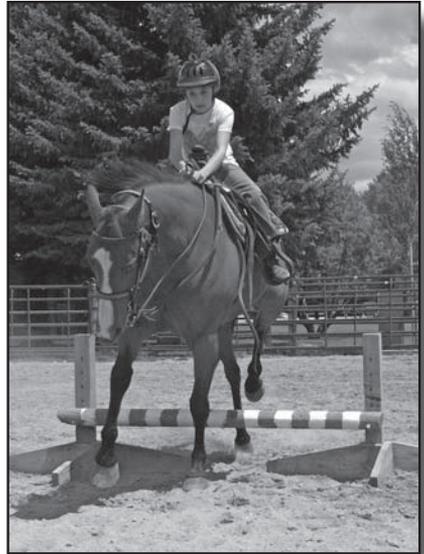
“Being the teacher was fun and interesting. Fun because I got to tell my dad what to do! And interesting because it was a brand new experience.” - Sean

“Sean’s Mighty Mustang experience has been fantastic – and he was able to share that experience with me in a very real way. I very much enjoyed the role reversal in our relationship. He was patient with me, and encouraging at the same time. I look forward to our next MM event!”

- Peter

Independence Day

Independence Day is always a favorite program event. Students create their own activities for the day's lesson, using any of the skills they have practiced before. They set up the equipment, communicate with their group to coordinate arena space, and share their perspectives and experiences in their journals. It gives them a chance to practice responsibility and planning, and they LOVE it!



"I felt very happy being independent. I loved cantering over the jump but I struggled with getting my horse over the jump. I had a great time cantering. I LOVED making my own choice!"

"I like to make my own choices because when people make choices for me I usually don't like them. It feels good to make my own choices because I always make good choices. Sometimes it's difficult to make decisions because most of the time there's two good choices to make."



"I really liked trotting on bareback. I also liked going on the jump, but going on the jump I got scared at first. It was hard when I had to choose what I liked to do. I liked trotting through the cones with a string."

"I like to make my own choices because I feel more stable and get to learn my horse's feelings and personality. I get to listen and understand them at my own pace. It doesn't matter how many times we have to do it to get it right because there is no point in doing it wrong the first time. When you make the choices you have the power, more like the power and a half because the horse can make you think it twice. I like to make my own choice but it is me and my horse."

On Board!

New Board
Members give us
a Big Boost!

Our Board got some new faces this year! And some first hand experience in some of our horse activities. We won't mention too much more, but some of those "new experiences" were a little challenging! (OK, we might share **some** of our secrets!)

Bob Whitmire

Bob brings a rock solid background in finances to our team. He's been a quick study in both the \$\$ bottom line and balancing his bottom on Canyon's mid-line.

(You can see his bottom is in perfect position on Canyon as he attempts the floating board obstacle while riding bareback for the very first time!)

Welcome, Bob! We need you! And good job riding bareback on that fat little pony!



We want to say a gigantic "Mega Thank You" to

Faith
May

our outgoing Board President. Faith has been a loyal supporter of all of our work for many years, and continues to champion our cause. We love you and wish you all the best !!

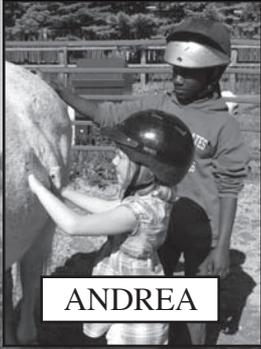
Dedre Mills

Dedre agreed to help on the board after participating in one of our summer Women & Horses clinics, where she was given the "Trick Rider" Award. As you can

see from the photo, it was well deserved. Dedre brings us many years of organizational and board supervision skills, and is currently working on helping develop new Wellness Programs for our expanding curriculum. Thanks, Dedre!



Mentors!

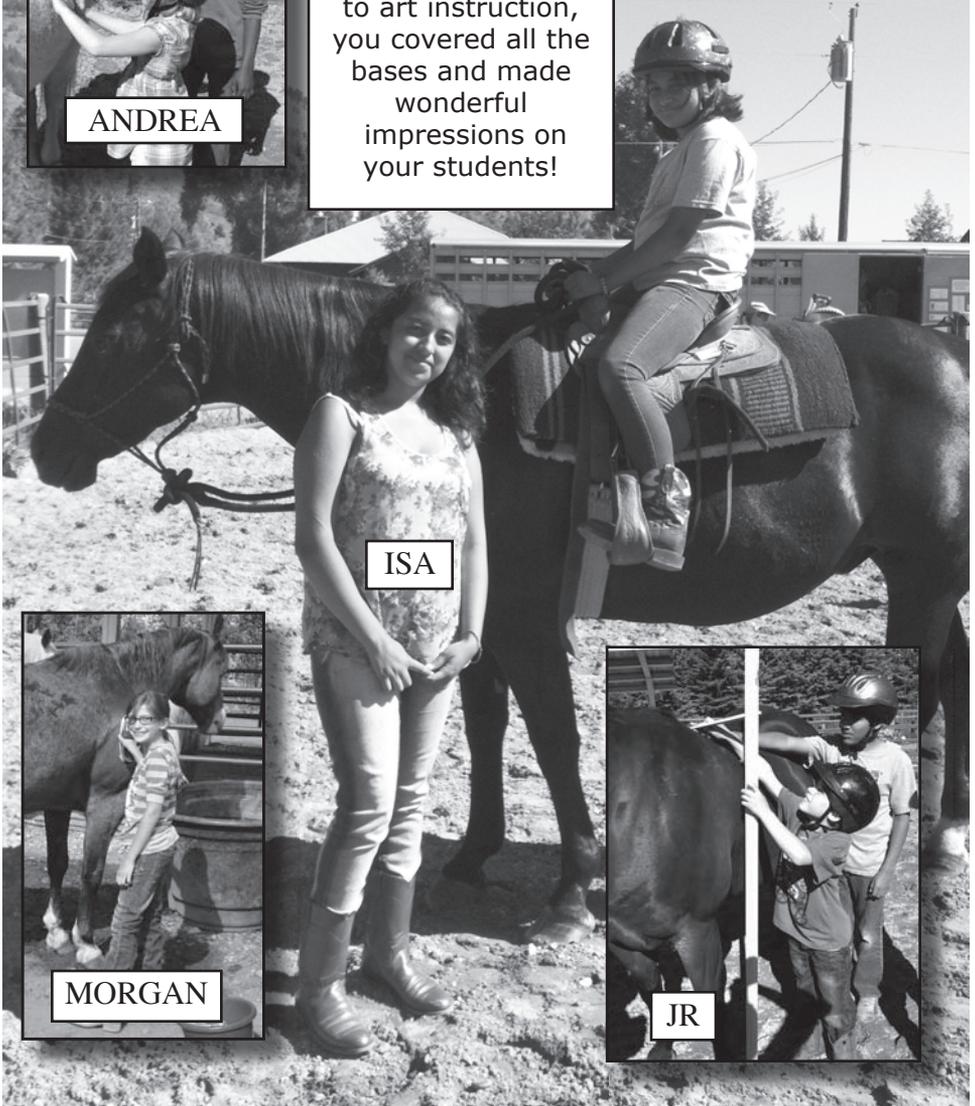


ANDREA

Thank you to our skilled, patient and cheerful PP mentors. You guys rocked! From grooming to riding to art instruction, you covered all the bases and made wonderful impressions on your students!



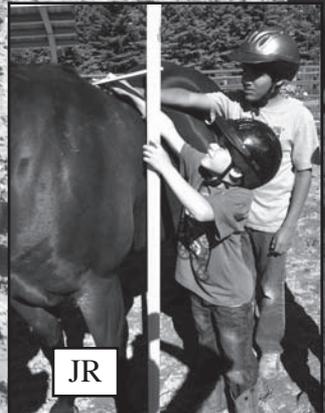
LUCY



ISA



MORGAN



JR

Onward!

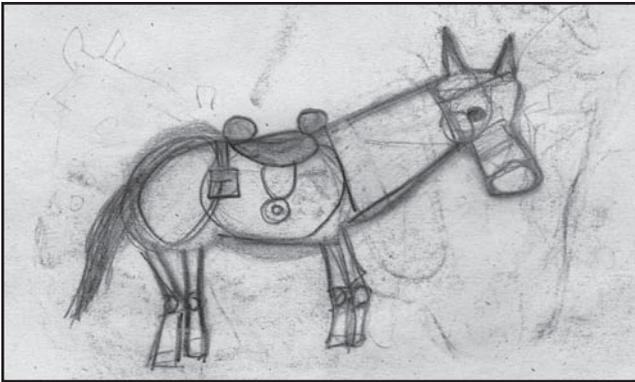
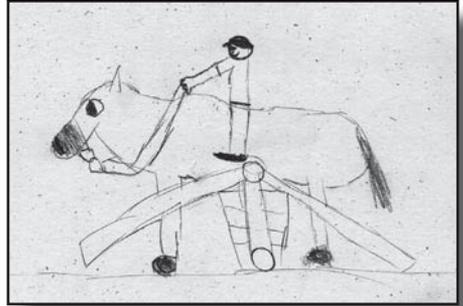
Promotions to
New Levels of
Horsemanship

Our students worked hard, hard, hard this summer on their riding skills and leadership. Now they're ready for new challenges!

We want to shout out their accomplishments! Here's a list of who moved up, up, up!:

Mighty Mustangs

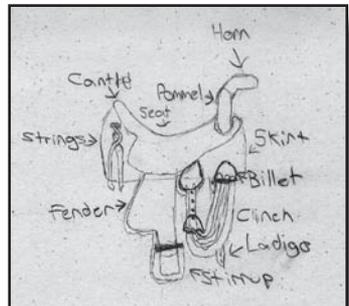
Marissa Corbett
Brynn Crabtree
Izzy Ergo
Layton MacLeod
Grace Regan
Bridget Scaffide
Kyra Waldron



Mentor
Ainsley Pratt

Horse Warriors

Sophie Delahaye
Sean Regan
Naomy Reynoso
Aspen Waldron



Congratulations, Riders!

Pony Camp

Three-Day
Horse Adventures
for Boys and Girls
Ages 8-11

Our Pony Camp launch was a great success! We designed a short course to promote interest in the longer, leadership-focused Horse Warriors™ curriculum. We had 11 students participate this year and they want to come back!

Not only did we have lots of enthusiasm about simply getting on a horse, but we got to cover a lot of other horse related activities. We made duct tape journals, learned how to do lots of fancy braids, did a little in-house veterinary care down at the Diamondfly, learned to jump bareback and with saddles, bathed horses, and rode, rode, rode every day! The Star Valley sessions even got to go out on a trail ride up in the forest.



*More smiles for our new venture!
Esbedy fell in love with Canyon big time!*



Annie and Canyon are flawless in their execution of the floating board obstacle.

We're happy that many of the Pony Campers are planning to join us next summer for Horse Warriors™. They will all have a big head start on their learning curve!



Aedian practices lovely posture as she and Beau try their jump.

2014 Pony Camp Dates
Diamondfly Ranch · Thayne
Session 1: June 25, July 2, 9
Session 2: July 16, 23, 30
Session 3: August 6, 13, 20

Horse of the Year

Woody

Once again, Woody is our Horse of the Year! Why? Because he is just plain wonderful. (And he got the most votes!)

He is super friendly, gentle, willing, dependable, trustworthy, kind, and just about everyone's very favorite horse. He helps people let go of fears, tries really hard in gymkhana events, is solid as a rock out on the trail, and loves being brushed.

Woody is a great confidence builder. Whether his riders are 6 or 60, he exudes a calm presence that wins over even the most timid or uncertain human. We wish we had 10 more just like him.

Thanks, Woody, for all you give to the program!



Volunteer of the Year



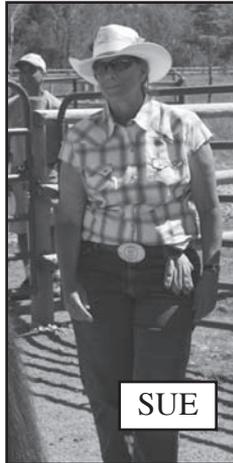
Marilynn Zach



*M*arilyn is a true Volunteer Angel! She is 100% focused, attentive and aware of everything going on around her. She has a remarkable knack for seeing what needs to be done, no matter what the task, and is there before you even know you need her. She is a champion of our exacting safety standards and we all breathe a sigh of relief when she shows up - she has everyone's back! Thank you, Marilyn, for joining our team!

and others....

Our volunteers donate 1800 hours of time every year. They also donate equipment, tack, horses, transportation, food and clothing. Some serve on the board, some help us raise money, some host promotional events, some are wonderful photo journalists, and all of them help scoop poop!



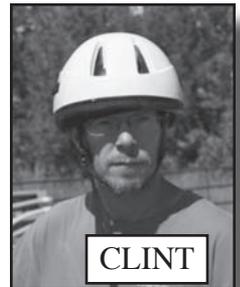
SUE



JAN



HEATHER



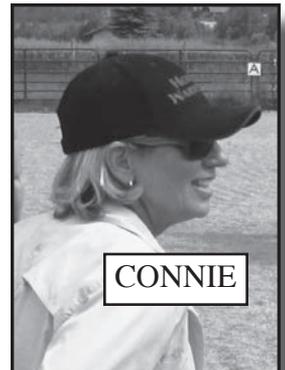
CLINT



JARENE

Big!

thanks to our
pasture Angels,
Gael Summer
and Bob Adams.
Our horses love
your generosity!

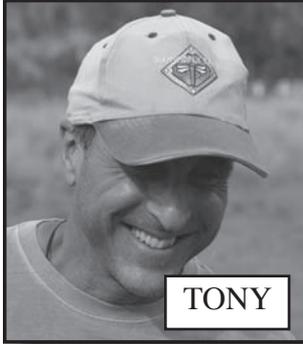


CONNIE

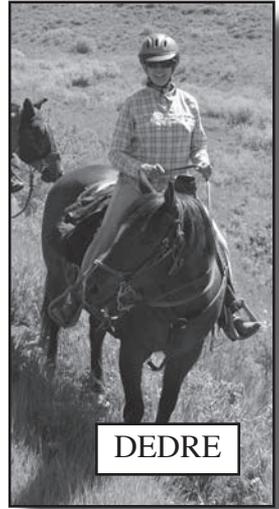
...thanks!



CRAIG



TONY



DEDRE

*Your time
is a
precious
gift*



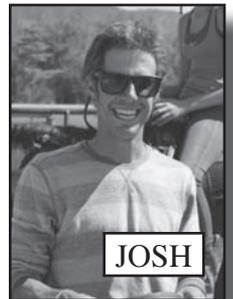
ADDY



DIANE



JEAN



JOSH

Want to Volunteer? Check out our training schedule on the calendar page. We'd love to have you join our team!

Grants & Partners



We Love the Wyoming Arts Council

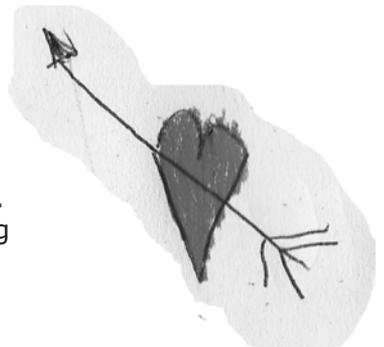
for their continued support of our arts inclusion programs. Their help with art supplies and instruction allows our students to share their experiences with us in a number of ways.

They provide the journal kits that become treasured possessions, help us with guest presenters, and sponsor the costs of producing our newsletter every fall.

We Love the Community Foundation of Jackson Hole

for helping us with the purchase of an iPad. The iPad allowed us to film some fascinating family interactions in the arena, as well as student lessons.

The instant feedback was helpful for improving on many levels!



We Love ☆ Our White Horse Social Donors & Sponsors!

for their generous donations of goods and services - thank you!!

Sponsors

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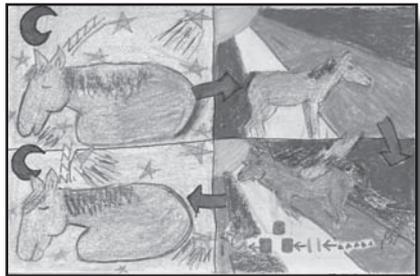
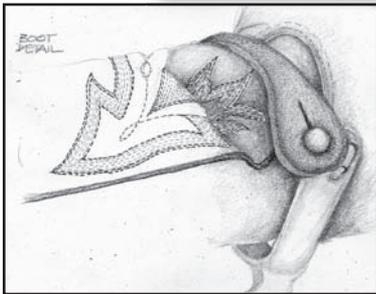
Alison Brush • Amangani • Amy Ringholz • Anne Delahaye
 • Baggit • Bar J Chuckwagon • Bear & Doe Massage • Bell
 Fitness • Belle Cose • Betty Rock • Blue Lion • Blue Spruce •
 Bluebird Frozen Yogurt • Briar Rose • Brilliantly Done • Brynn
 Crabtree • Char Ral Floral • Chrissy Shea • Christopher Mar-
 cum • Clara Delahaye • Core Changes with Carey • Dancer's
 Workshop • Danny Shervin • Denise Stark • DogJax • Dragon
 Lady • Eddie Kolsky at JH Golf & Tennis • Elizabeth & Eben
 Dorros • Elizabeth Drapela • Evolution Strength & Condition-
 ing • Faith May • Fine Dining • Global Treasures • Goodie 2
 Shoes • Grace Mahoney • Gun Barrel Steakhouse • Hanna
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 • Sammi LaBounta • Sarah Tams • Shades Café • Shervin's

Independent Oil • Sidewinder's • Silver Dollar Grill • Skinny Skis • Snake River Grill • Soul
 Spot/Casey Stout & Dragon Lady Teas • Spring Creek Animal Hospital • Stitch N' Time •
 Sue McKnight • Susan Fleming • Teton Motors • Teton Pines • Teton Thai • Thai Me Up
 • The Connection • The Ranch Shop • The Spur at Teton Mountain Lodge • Tina Seay •
 Tisch Brown • Tom Mangelsen • Tony Panarisi • Tootsy Footsy Massage • Tormack Custom
 Screen Printing • Trio • Virginian Restaurant • ZipLocal

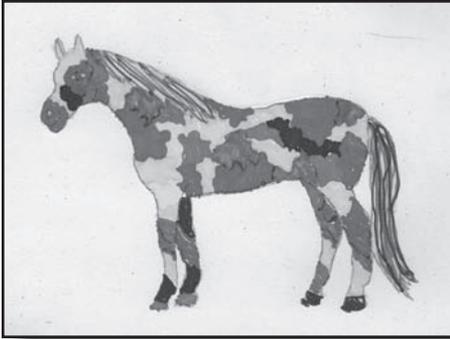
We Love ☆ Old Bill's Fun Run!!

Antler Inn • Maria & Paul Armstrong • Ruth Ann Petroff & Mark Barron • Carol & Dennis
 Berryman • Carol Black • Stacey Breidenstein • Diana Brown • Alison Brush • Chapman
 Family Foundation/Jinx Chapman • Rhea Lewis & David Chavez • Susanna & Ferdinand
 Colloredo-Mansfeld • Suzanne Conklin • Emily Coombs • Kirsten Corbett • Jean Cortner
 Fund • Lori & Todd Crabtree • Alexandra Dawson • Virginia Dean • Anne & Eric Delahaye
 • Catherine Smith & Carl Detwyler • Nancy & David Donovan • Syd & Gary Elliott • Gary
 Finkel • First Interstate Bank • Fish Creek Veterinary Clinic • Martha & John Gilmore •
 Karen Jerger & Chuck Harris • Ann Harvey • Susan Hedden • Connie & Skip Helm • Vicki &
 Alan Henderson • Deb & Kurt Henry • High Country Linen • Lannie & Bill Hoglund • Marne
 & Ed Holstein • Mark Houser • Susan Juvelier • Shannon Kenny • Linda Killian • Carrie &
 Scott Kirkpatrick • Jean & James Kitchen • Carol Ann Bowers & Mike Kraft • Jane & Charles
 Kusek • Maggie & Dan Land • Gloria & David Lorenzo • Mary Sharood & Burns MacLeod •
 Linda Mars • Mary McSorley • Kathleen Osterman-Meisner & Greg Meisner • Faith & Mike
 May/Mike's Body Shop • Judy & Matt Montagne • Ann & Kent Nelson • Tim Oakley • Open
 Creative • Monica Overly • Priscilla Marden & Tony Panarisi • Marilyn, Blake & Rick Paul •
 PC Fund For Animals • Shirley & Paul Piper • Holly & Waren Pratt • Peggy & Greg Prugh •
 Patsy & David Raaum • Cindy, Claire & Jim Radda • Coleen & Peter Regan • Chuck Resor
 • Lisa Ridgway • Sami & Steve Robinson • Rocky Mountain Bank • Rose Consulting/Rose
 Caiazza • Lisa & Russ Ruschill • Ann & Steven Ryan • Corie Rybak • Debbie Schlinger •
 Anne Schuler • Loretta Scott • Barb & Bob Shervin • Jenny & Danny Shervin • Sandy &
 Dick Shuptrine • Wells Fargo • Pat Weber & Tom Windle • Cheri, Jeffrey, Katy & Mike Witz
 • Ruth & Keith York • Suzanne Young

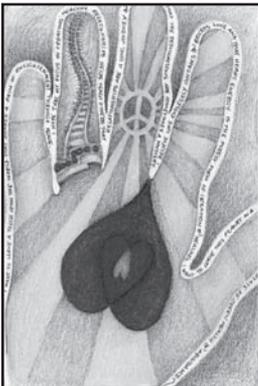
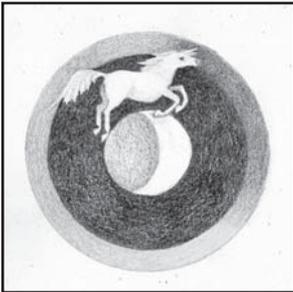
The Creativity Corner



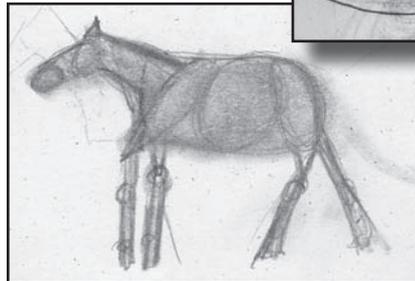
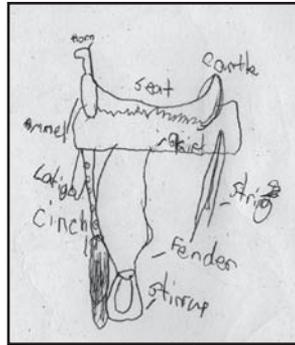
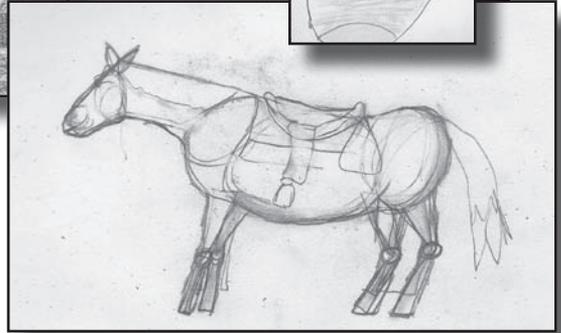
The Creativity Corner



The Creativity Corner



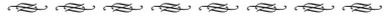
The Creativity Corner



Little Poets



Flies are annoying
Yes they are
They bite, they buzz, they
fight,
Even though they don't have a
right
to bite or fight.
Flies are so annoying to horses
so all horses want to do is
swat, swat, swat
- Grace



TRAIL RIDES

Poker Flats

Loping and jumping through fields
Riding along the river
First trail ride of the year
Remembering listening to elk bugle
with dad

Game Creek

Horrible flies
Beautiful views
Drawing boots
Remembering riding up there

Leigh Lake

Swimming in the lake
Laughs
Canyon and Bella splashing
Memories

Coyote Rock

Lightning
Pronghorn
Beautiful views

Phelps Lake

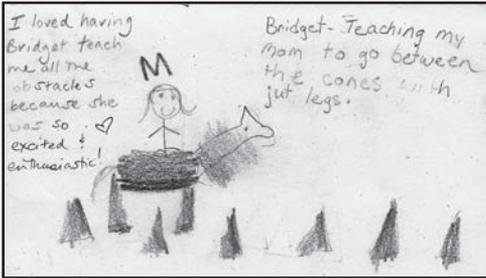
Bear
Deer
Elk
Storm
Views



- Lucy



Little Poets



**Flies, flies, flies, they love horses
Horses, horses, horses,
they hate flies**

**They bite, they sting
they make them crazy
Poor horses can't relax and
just be lazy**

**Fly spray, fly spray,
Horses love that
When flies land on them they say
"Pee You!"
And horses are so glad
- Izzy**

Why I Love Horses

I like to walk, I like to trot
Most of all I like to lope a lot
I love my horse Teddy
He's cute, cuddly and
always ready
- Bridget

**Being attacked by flies
is awful, no lies.**

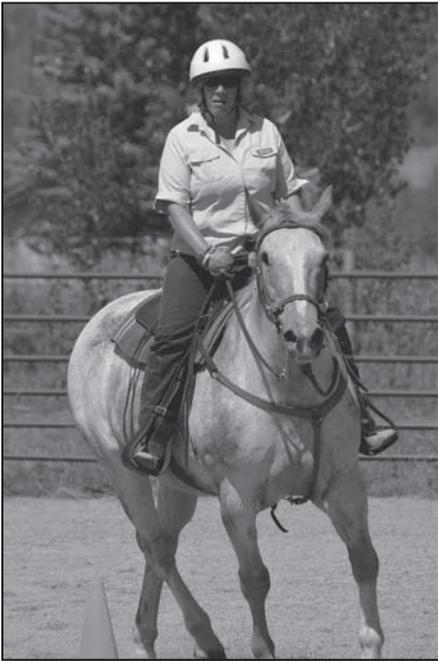
**Buzz, Buzz, Buzz
I'm running around in a fuss
flies GO AWAY
I'm serious, you won't
want to stay!**

**Thwap, miss
Thwap, hiss
Thwap, ow
Thwap, now
Thwap, yes
Thwap, didn't miss!
- Lucy**



My Relationship With Horses

As part of our ongoing journaling program, this summer we engaged in a program-wide "writing prompt" to discover the breadth of responses to this topic. At Horse Warriors™ our main focus is on developing healthy relationships - with each other, our horses and ourselves. The primary teachers in this education are, of course, the horses! Here are some examples of how deep and varied these relationships can be.



My relationship with horses is providing a calming influence. I have learned the calmer I am with them the calmer they become. When sitting quietly in a circle with horses wandering about, I noticed more specifics such as their lip quivering, their breathing, their inner eye color and reflection of the world around them. Each horse is distinctively different. Some because of their upbringing, influences and experiences in their life----very similar to humans.

My relationship with horses is ever changing--riding western pleasure, bareback, reining and trail riding. Trail riding is like hiking with your best friend. It is you and your horse; someone you trust to keep you safe.

I realize how important it is not just to ride a horse but to take in the whole horse, their quirks and personalities. I find it so fortunate to find a true sense of being with horses.

The older I become the more important it is to have true and loving relationships. Those that are provided by family friends and horses. I don't have time for those people or things that are negative, and horses are never negative. Maybe trying, but not negative, and they always have something to teach you.

- Jean

My Relationship With Horses

*M*y relationship with horses is powerful and in some ways indescribable. When I see a horse I feel our thoughts coming together. Horses can teach you things no one else can. Their energy and positive thinking gets passed onto you and you feel the heart of energy in the way you are. Horses for me aren't just for riding, but also for their ways of connecting to you. I would never forget the things horses have taught me!

- Sophie



*M*y relationship with horses is...when I see a horse I think how that horse will be to love. I will love any horse that someone shows me. I'm not afraid to see if it will love me back. I feel every horse has a gentle side and a caring side. I do not regret loving horses and I don't think I ever will.

- Lucy

My Relationship With Horses

My relationship with horses is deep and mystic. I love horses. I love spending time sitting with them. I love spending time riding them. I love spending time listening to them. I am at ease with horses and being with them is always most enjoyable to me. Horses make me smile! My favorite way to "be" with horses is to share and feel one another's energy and to share this experience as a team. My relationship with horses is just for me and the horse, it is an intimate bond. I feel most happy when I am around horses.

- Paige



My relationship with horses is such that I like them and they like me. When I meet a new one I talk low and about respect to them. I talk about protecting them and mentally assert my mind to that responsibility. I like to do some pressure points and rocking knuckle massage to the saddle area or neck or chewing muscles to pass to them I want to help them feel good; if it is something they are agreeable to. We spend quiet time together, and I say, "Bye", when I have to go away after sharing my activity and concerns (my mind) with them. When I return to them they seem to greet me openly. That makes me feel good. They are like childhood friends. Positive even when they hurt. It feels right and balanced to care about them as another of God's creatures. I like the touching we do together. I touch their muzzles softly, stroke their necks, share energy to get back to balance. They touch my head, shoulder, and sometimes my butt when I am checking their legs and feet. It feels real good to trust them and find ways to be good to them.



- Sue

My Relationship With Horses

*M*y relationship with horses is pure love and kindness. When I'm with horses I'm happy, no matter what horse he or she is, or how he or she behaves. When I'm with horses I can't help but be gentle with them because I love them so much (this can be a problem when the horse doesn't behave). Many people can probably describe my relationship with horses, but I'm positive no one in the whole world will ever understand it. Horses have been my friend, are my friend, and will always be my friend no matter what happens in my relationship with horses.

- Ainsley



*M*y relationship with horses is...I like horses now, but when I was little they scared me really bad. I used to think they could hurt me, but now I realize they don't have scary intent. They are kind and loving creatures. Take Canyon for example. He is a sweet, grass eating little boy who I love a lot! I have read a lot of books about horses like the "Phantom Stallion" series that have helped me understand horses a lot better. I like drawing horses but I'm not very good at it. Horses have changed my life in an odd way. They have this personality that I can't describe. It's kind of like they can understand me better than I can understand myself. Horses make me feel special in a way I've never felt before. I love riding fast and doing hard things on them, but, again, I'm not very good at it. Overall let's just say that horses are very special to me.

- Annie

My Relationship With Horses



My relationship with horses is evolving. I try to be a good steward of them, to keep them safe, to keep them feeling good. It's more important to be their advocate than their rider. I love and respect them even more as the years go by – the relationships have come full circle, from the little girl delight in merely seeing a horse, to the teenage thrill of riding, the adult years of training and competing, to this place

of deep awareness. It matters to me more that they are comfortable than that I am comfortable. I see what they selflessly bring to the table and feel humbled by their stoic agreements to work with me despite all my mistakes. I feel less like the teacher and more like the translator of their language. I love walking among them, sensing all the threads that connect the herd, feeling their trust of me.

- Priscilla

My relationship with horses is important to me because I love animals. Being able to get close with one horse is fun because you get to know their personalities, and being able to trust them not to hurt you is very nice. I think my relationship with horses is really good. I think I am gentle enough to not scare them but firm enough to get them to do what I want most of the time. Everything horses have taught me will carry me through life.



- Aspen

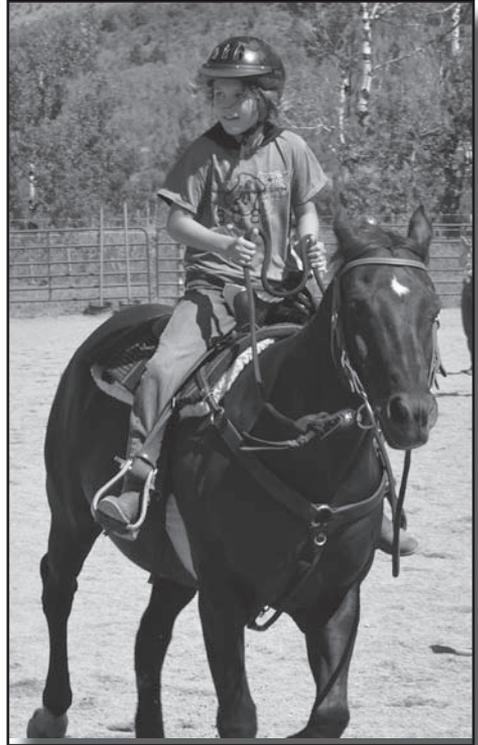
My Relationship With Horses

*M*y relationship with horses is amazing. I help and care for them when I am done riding for the day. I say goodbye for the week and give them treats and hug them. When I first see them I say good morning and start riding. When we complete a hard task I say, "Great job," and rub their neck. When they mess something I say, "Nice try," and pat them. It is amazing that I like them this much. I am from a city so it is unnatural that I get to ride. I really like riding them a lot and I will never stop loving them.

- Sean

*M*y relationship with horses is majestic. The horse itself is strongly majestic, as well as impossibly gentle. The horse and I connect over unspoken things. We connect through touch, feel, thought, motions, and above all the heart. We speak with the heart. The heart is where the truth lies and horses uncover that truth. Through the heart, we connect.

- Clara



Look What's Coming!

We have a LOT on our plates for 2014! Here is a description of our upcoming offerings. Classes fill up quickly so please contact us as soon as possible to enroll in either our kids' or adult programs. You can contact us:

PHONE: (307) 733-7464; 883-7464
EMAIL: horsewarriors@wyoming.com
www.horsewarriors.com: to download applications (after January 1)

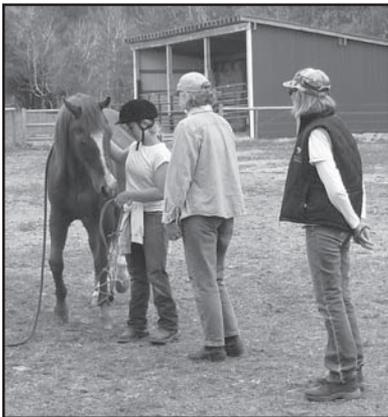
Residential courses take place at our Diamondfly Ranch facility in Star Valley. Youth programs are held in Jackson and Thayne, WY, private lessons are held in Thayne and Alpine, and Wellness programs are held in Jackson and Star Valley,



VOLUNTEER TRAINING **2 Mandatory Sessions** **Diamondfly Ranch**

• • **Saturday, April 19**
Theory and Philosophy
11:00 - 1:00
Lunch included

• • **Sunday, May 18**
Arena & Mounted work
9:00 - 3:00 Sack Lunch
307-733-7464; 883-7464



*Practice session: client, horse,
therapist, equine specialist*

Horses of the Goddess™ **Residential Workshop for Equine Professionals**

JUNE 2-7, 2014 - Diamondfly Ranch
\$1950: includes all instruction, horses, equipment, dinners and shared lodging
Designed for therapists, instructors, coaches seeking a practical "how-to" education in equine facilitated activities and therapies. For intermediate riders and serious students of EFL/EFP and life coaching. LOTS of horse time! LOTS of FUN!! Limit: 6 participants

Priscilla Marden: CEIP-ED; ESMHL; TRI

Martha McNiel: CEIP-MH; LMFT; TRI

Join Us!

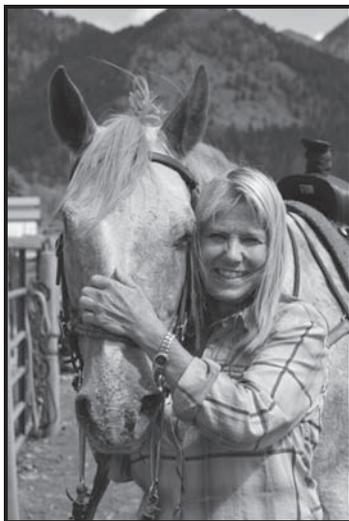
Women & Horses Residential Workshop

SEPTEMBER 10-12 - or -
SEPTEMBER 17-19 - or -
SEPTEMBER 24-26

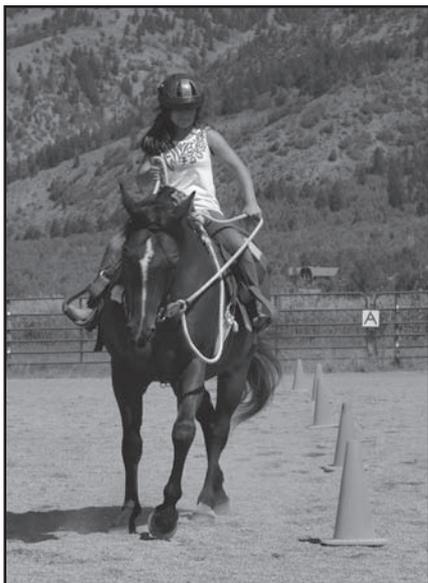
\$950*: includes all instruction, horses, equipment, lunch, dinners and shared lodging

Delightful **rejuvenation** time for women 21 and up. Horses, art, camaraderie, trail rides, evening gatherings and relaxation at the beautiful Diamondfly Ranch. Open to riders of all skill levels, beginner to expert. Lovely, personable horses, excellent food, joyful companionship! Limited to 6 participants.

Priscilla Marden and HW Staff



*** \$250 of every adult tuition fee goes directly into our Scholarship Fund to help needy students in our youth programs, and is considered a charitable donation.**



Horse Warriors™ Leadership/Mentor Program

JUNE 16 throughout the year
\$1595*: includes all instruction, horses, safety equipment, art supplies, transportation on trail rides, gymkhana, weekly summer sessions, school year monthly retreats

Equine based **leadership and life skills training** for boys and girls age 12-18. Horsemanship, trail riding, mentorship training, art and writing. Application and recommendation form required. **Jackson and Star Valley programs available.**

HW Staff; Guest Instructors

*** Scholarship available by application, contact the office: 307-733-7464**

Join Us!

Power Ponies™ Parenting Program

*JUNE 17 - AUGUST 12 - Jackson
Tuesdays 9-11*

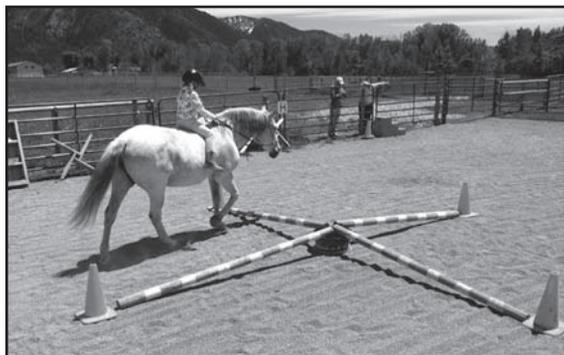
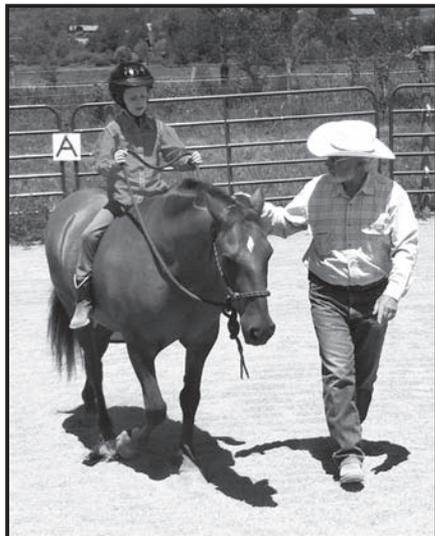
*JUNE 19 - AUGUST 14 - Star Valley
Thursdays 9-11*

\$575*: includes all instruction, horses, safety equipment, art supplies, gymkhana

Equine based parenting and life skills class that uses the interactions with horses to help build healthy relationships and good communication. Parents attend 4 of the 8 weeks with their children. For kids age 6-11 with an accompanying parent or adult caregiver.

Priscilla Marden and HW Staff

*** Scholarship available by application, contact the office: 307-733-7464**



Mighty Mustangs™ Continuation Program for Graduated Power Ponies™

*JUNE 17 - AUGUST 12
Jackson: Thursdays 12 - 2*

*JUNE 19 - AUGUST 14
Star Valley:*

Thursdays 12 - 2

\$575*

Priscilla Marden and HW Staff

*** Scholarship available by application, contact the office: 307-733-7464**

Join Us!

Pony Camp - 3 Sessions available

#1 JUNE 25, JULY 2, JULY 9

#2 JULY 16, 23, 30

#3 AUGUST 6, 13, 20

Wednesdays 9:00 - 4:00

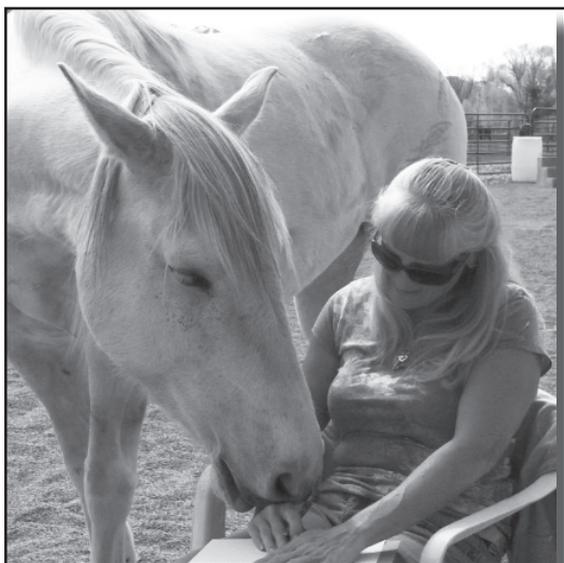
Diamondfly Ranch, Thayne WY

\$250*: includes all instruction, horses, safety equipment, art supplies

Introductory horsemanship and peer interaction program for boys and girls ages 8-11. Riding, games, journaling and introductory sessions moving towards enrollment in year-long Horse Warriors™ courses.

Priscilla Marden and HW Staff

*** Scholarship available by application, contact the office: 307-733-7464**



Wellness Programs (for all ages)

Mounted and unmounted programs designed for a variety of interests: cancer survivors, transition planning, coaching, elder care, personal discovery, family blending, fear management, retreats

*Scheduled by appointment
Multiple locations*

**307-733-7464
307-883-7464**

Drill Team Practice



One,
two, three,
walk with me,
Stirrups
together,
Nose to nose,
Trot me away
All in a line,
Stay together,
Line one,
Halt!

- KC



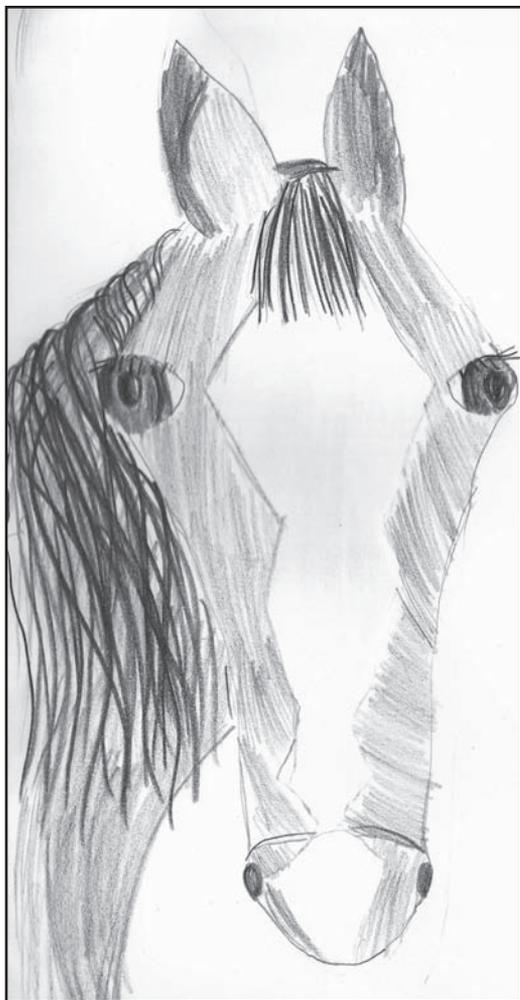
Drill Team practice is always both fun and challenging. It's a test of multi-tasking to keep up with everyone in your line, as well as to maintain the spacing with the other group members!

1 by 1 we walk
turn right, turn left
turn around trot
and do it again

2 by 2 we trot
we turn fast or slow
depending on
if I'm on
the outside
or inside

- Aspen





Please Help Feed Us.

*And help our riders
who need Scholarship,
so we can help
them, too!!*

Donations are a
cornerstone of our
annual funding. Your
generosity goes a
long way at Horse
Warriors™ - we run an
efficient, tight organi-
zation with no waste
anywhere.

We thank you
from the bottoms
of our hearts (and
hooves!) for helping
us out.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

email: _____

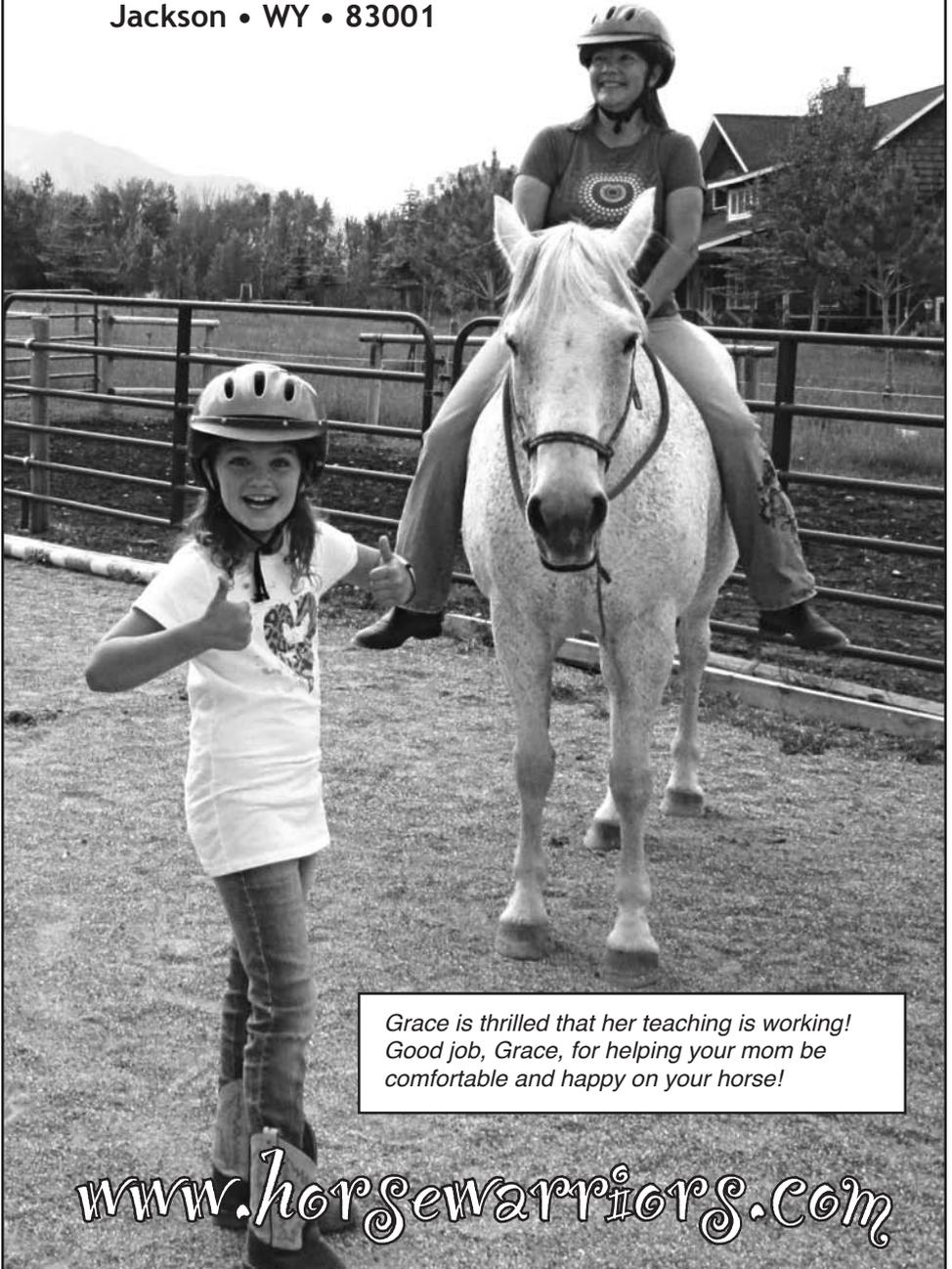
Please use my donation for the following:

Horse Feed and Care **Scholarship** **General Operating**

Please mail a check to: Horse Warriors™ Box 602, Jackson, WY 83001
or visit our website: www.horsewarriors.com and pay online
through PayPal on our Donations/Tuition page - Thank you!!!

HORSE WARRIORS™

P.O. Box 602
Jackson • WY • 83001



*Grace is thrilled that her teaching is working!
Good job, Grace, for helping your mom be
comfortable and happy on your horse!*

www.horsewarriors.com