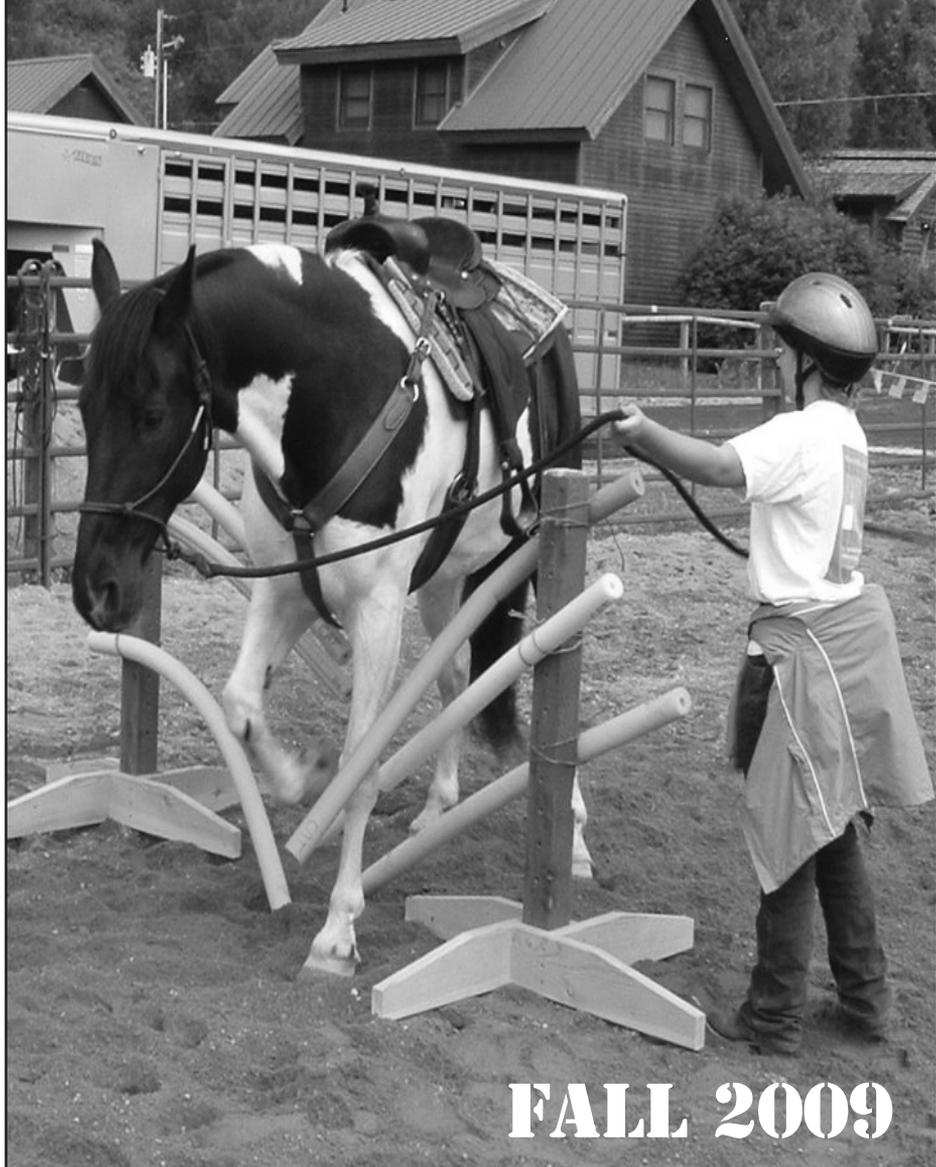


OVERCOMING OBSTACLES



FALL 2009

OUR MISSION:

To help create a safer and more sane world through empowering young people, individuals, and families to live and act with kindness, compassion, and wisdom in all facets of life.

HORSE WARRIORS™

P.O. Box 602
Jackson • WY • 83001
(307) 733.7464
(307) 690.6124
FAX: (307) 734.8494
www.horsewarriors.com
horsewarriors@wyoming.com

BOARD

Faith May, President
Jenny May, Secretary and
White Horse Social Director
Stacey Breidenstein
Patricia Donley

STAFF

Priscilla Marden, CEFIP-ED
Executive Director
NARHA Certified Instructor
Courtney Marvin, LMFT, MSW
Program Therapist
Martha McNeil, LMFT, CEFIP-MH
NARHA Certified Instructor
Alexandra Harden, BA
Intern/Instructor
Caren Vogt
Instructor

VOLUNTEERS

Martha Best
Liz Lockhart
Tim Oakley
Pat Donley
Cindy Stone
Ginger Eva
Troy Price
Kelly Barr
Kimberly Scher
Gary Weissman

is a 501(c)(3)
Wyoming Corporation
and an Operating Center Member
of NARHA and EFMHA

2010 Calendar of Events

January 15:

Returning Student Applications Due

February 15:

New Student Applications Due

March 5:

Part I: Volunteer Training (mandatory
for all those working with
students/horses)

March 15:

Scholarship Applications Due

April 15:

Scholarship Awards Sent Out

May 15:

Part II: Volunteer Training (mandatory
for all those working with
students/horses)

June 7-12:

Horses of the Goddess Residential
Workshop for Women

June 14:

HW Programs Begin: Wilson Arena

June 15:

Power Ponies & Mighty Mustangs
Programs Begin: Wilson Arena

June 24-26:

Women & Horses: Horsemanship
& Creativity Workshop 9-5

July 27:

White Horse Social at the Fair

August 27:

GYMKHANA at Wilson Arena

September 23-25:

Women & Horses Horsemanship &
Creativity Workshop 9-5

October 7:

Indoor Riding Lessons on Thursday
Afternoons Begin at the Fair

October 4:

Discussion Groups Begin on Monday
Afternoons

December 20:

HW Christmas Party

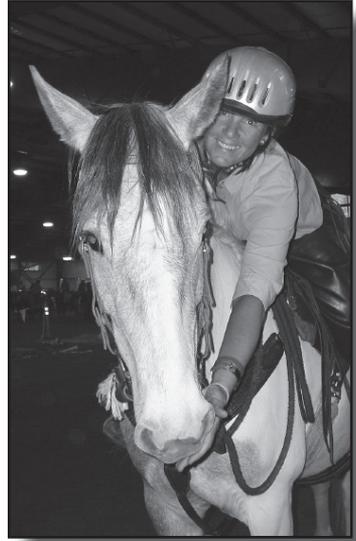
Thoughts From the Director

This was a year that was so much better than last that it's hard to even put it into words! Our theme of overcoming obstacles couldn't have been more relevant as we moved from a year of my recovery from an accident (and long healing absence), to a year of having excellent staff, volunteers, board and horses all fully engaged and working their miracles every day.

Students and parents had challenges in the arena that they found solutions to through the help and encouragement of our staff and horses. While it might not seem that a horse could offer support to a human, that is not the case. The clear communication that horses possess, and their willingness to connect again and again when signals are specific and comprehensible, offered excellent communication models that their riders could employ. We saw some notable changes in behavior and family dynamics this year in our obstacles training sessions. By the time the gymkhana rolled around our parent/child teams were at the tops of their games. Issues that had come up in Family Fun Days and in the arena sessions had smoothed out. Watching the successes mount as the games day progressed was both heartening and empowering.

We're looking forward to next summer, which will be here before we know it. We have some new adult courses being offered, and are excited to have some excellent staff and volunteers returning. We also have a new horse coming from Assurance Home (where we got Canyon), to replace Mr. Dan, whose owner moved out of the area and took him along. It will be fun to have another great mustang added to our HW herd.

We hope you enjoy this issue of our annual newsletter. As always, you are invited to come out to the Wilson Arena and watch us in action - Tuesdays are the best days for spectators; just call the office at 733-7464 to schedule a visit. See you soon!



Priscilla Marden, Executive Director
Certified Equine Interaction Professional
NARHA Certified Therapeutic Riding Instructor

Why Do We Do Obstacles???

Obstacles training is an integral part of all the Horse Warriors™ programs. Why do we spend so much time with them?

ANSWER: *Because they are terrific metaphors.*

An obstacle is a very tangible challenge. It has dimension. It has a specific relationship to its surrounding environment. It can be approached systematically. Its navigation can be broken down into parts: The Observation, The Approach, The Exploration, The Attempt, The Problem-Solving, The Success.

In many ways these steps correspond to the intangible but very real problems we face in our lives. Obstacles are a great way to build authentic communication. All the signals between the partners have to be clear, especially the reward for success.

“An obstacle is a very tangible challenge. It has dimension. It can be approached systematically.”



Jen eases Mr. Dan through the multiple steps of safely walking over the teeter-totter.

When working with the horses, we reward them at every place where they make a good attempt. The reward isn't a treat, but a "release" of the pressure of asking them to do something.

How often do we forget to say thank you when someone has done our bidding? Or back off and quit nagging?

Participants in our programs are surrounded by qualified instructors and mentors who are there to help every step of the way. Before working with the obstacles we help everyone build trust with their horses.

Trust is a key component to success in any relationship - horse or human. We start building that trust on the ground, beginning with simply touching the horse, grooming, listening, observing, and allowing both partners in the developing relationship to get to know each other.

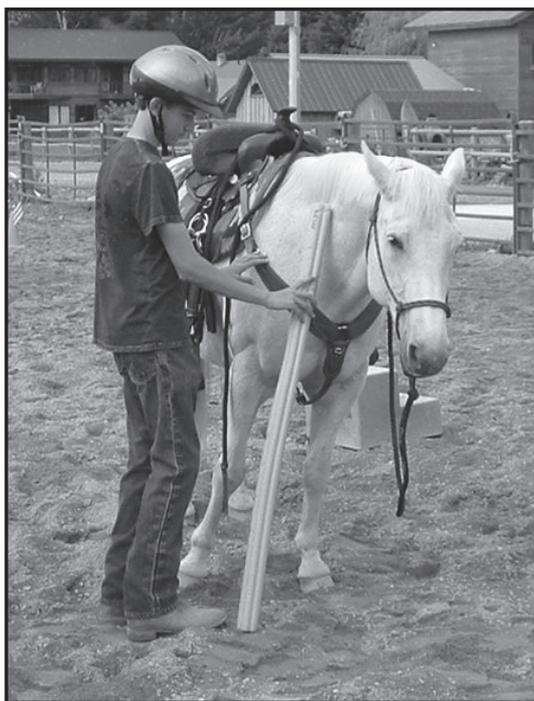


Start with the basics - touch from a human (predator species) can still be a safe experience for the horse.

“Trust

is a key component to success in any relationship - horse or human.”

When we introduce our obstacles we do it slowly, starting with smaller objects that may seem fearful at first. When our horses see us not being afraid of the object it helps them overcome their own fear. We teach our human participants how to support their horses by being good, calm role models and leaders.



Col introduces Ropy to one of the Nerf Noodles, convincing the horse that it's not a boa constrictor!

In working with any challenge it helps to understand some basics. We want everyone to feel safe - horses and people both.



Skippy deepens his trust as he gets some reassurance that being on the tarp is something safe for both horses and humans.

One thing we know is that horses want to protect their feet. Why? Because their feet are essential for getting away from danger. In the herd, the lead horse moves the others' feet - away from food, away from themselves to keep personal space, etc. When we become their leaders they are very aware of who is moving whose feet, and where feet are placed. They watch us and it is helpful for

them to see us put our feet where we are asking them to step, too, so they see it's safe.

We build the success of greater and greater challenges by going one step at a time. We're careful to ask things of our horses and each other that we would be willing to do ourselves. We can be willing to stand on a tarp just as we can be willing to help with homework, clean the house, share our belongings or help prepare a meal.

"We build success by going one step at a time."

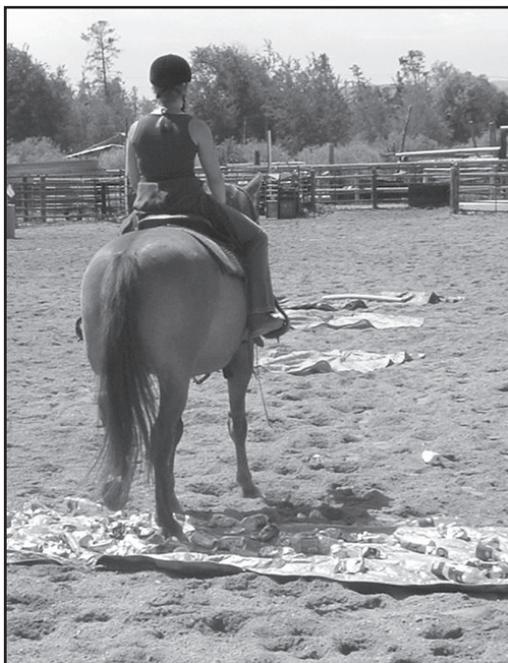


Kateri drags a sack of cans as she leads Dan. Dan is used to her leading, and because she is not afraid of the noise of the cans, he follows willingly.

As the horse and rider confidences increase, the obstacles get more complicated. Adding elements to a previous challenge is a good way to boost confidence. There is a good foundation to build on and the partners can fall back on their previous successes to meet the new expectations.



Kira and Casee use the support of 2 horses working in proximity to help Canyon and Suka gain confidence walking through the cans and plastic water bottles rattling on the tarp.



Kira rides Canyon through a series of tarps on the ground, one of which is covered in the cans and plastic water bottles they successfully navigated as an unmounted pair.

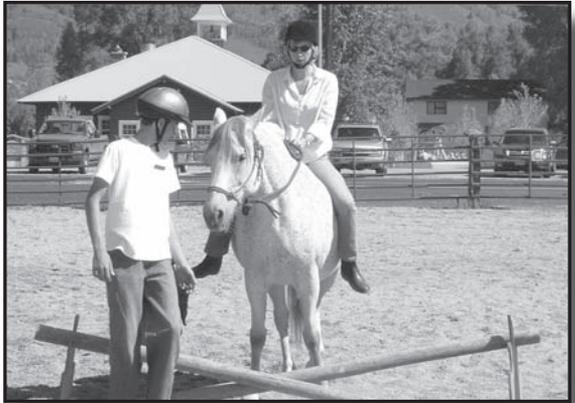
“We want everyone to feel safe - horses and people both.”

The ultimate goal is to transfer the leadership and following that occurs between horse and human on the ground to being riding partners as well. Many of the obstacles we use are safe to ride through when the relationship between horse and rider is sound.

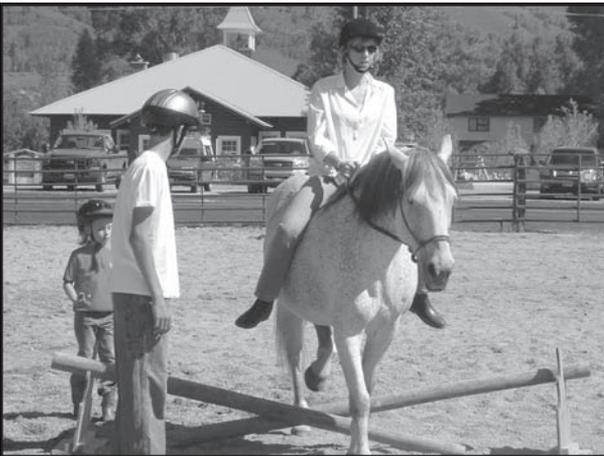
But what happens if you're afraid...

Sometimes fear accompanies our attempts to get past a problem in our own lives. What if we make a mistake? What if we don't know the answer? What if we anger someone close to us? Most often we are afraid to ask for help!!

Every time fear comes up we stop and break the exercise down into manageable parts. This is similar to people discussing between themselves. We help participants (both horse and human) take a step by step approach. We encourage asking, which helps people get enough information to be able to proceed.



Col notices that Rosi and Graine are at an impasse at one of their obstacles. Without a clear direction from her rider, Graine lacks the confidence to go forward.



By engaging in a question and answer exchange with Col, one of the Power Ponies™ mentors, Rosi gets more information. Her human-to-human dialogue helps her create a non-verbal dialogue with Graine so they can get over the jump.

“What

if we make a mistake?
What if we don't know the answer?”

Most

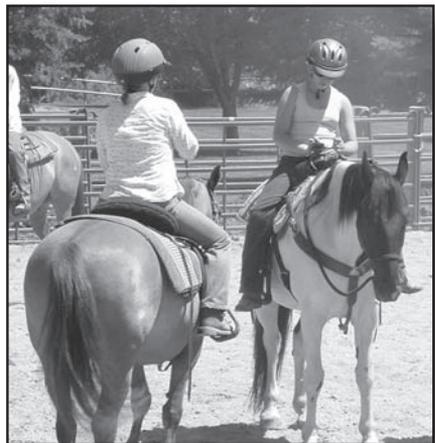
often we are afraid to ask for help!!

Maybe that needed information is more background on how a horse sees things, or thinks about new experiences. Maybe it is encouragement from someone who has been through the same process.



Kira, a former Power Ponies™ student who is now a mentor for that program, helps Claire figure out how to work with Canyon in the spiral. Kira and Claire work together during lessons and both ride Canyon, so Kira is well qualified to assist Claire in her problem solving.

Maybe that is interaction with our therapist about what the experience brings up for them. The metaphors that can arise during the obstacles training can help reveal “stuck places” in our thinking and habits. By seeing how to solve the challenge of communicating well with the horse, doors can open for solutions to more of our daily interactions and difficulties.



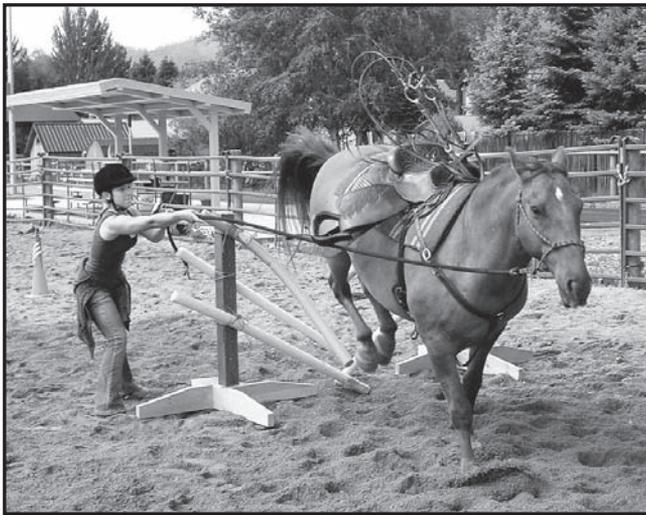
Staff therapist Courtney Marvin, LMFT, talks with a student who struggled with some of her habitual communication styles. By understanding what was happening with the horse she was able to apply the same skills to working through other areas in her life where those issues arose.

"A win

is a place where both parties have been heard and responded to, and a state of mutual calm and respect has been attained."

We work all the way to success. If there is a "mistake" we help problem solve until there is a way to "fix it." In most cases the root of the problem is communication. One of the partners has made an assumption, and acted without fully understanding the current perspective of the other.

The "fix" usually involves assessing the situation, and figuring out where a step might have been missed. Taking a step back to what worked before, reconnecting, and then asking for another try at moving forward usually works!



Because Canyon seemed so confident, Kira did not anticipate that the car wash would be frightening. Instead of moving through calmly, he jumped over the whole obstacle!

We always look for a way to help the team of horse and human get to what we call a "win." A "win" is a place where both parties are satisfied that the communication is clear, that signals have been heard and responded to, and a state of mutual calm and respect has been attained. Try it!

To "fix it," Kira went back to her basics and built Canyon's confidence up to the point where he could calmly proceed.



Overcoming the Obstacles in Real Life



Building Friends...

"As years went on I started to make less friends. Now I can make friends by anything I do. I thank Horse Warriors for helping me make friends over the years. I lost many friends as I left 2nd grade. Then when I moved back here I only had 2 friends until I started Horse Warriors. We talk as a group so I made friends easily."

Out of the Mouths of Parents!



Half of the work at Horse Warriors™ is with parents. Our programs all involve families; our work teaching relationship building, communication and life skills starts with the horses and ends up at the dinner table. The many lessons in the arena lay a foundation for working well with our human partners, as well as with our horses.

This year we asked a group of participating parents for their thoughts on how being in the programs have affected them. These responses come from the Horse Warriors™, Power Ponies™ and Mighty Mustangs™ classes, and are representative of the broad effects the horse interaction have had on all our families.

1) What did you learn from your child this summer at Horse Warriors™?



Lucy instructs her mom, Liza, how to ride bareback and stay gentle with Tahoe.

SHAWN: patience

SUSAN: how to saddle, and be hands-on with the horse; my daughter exceeded my expectations as a teacher; surprised me how well she did it

MICHELLE: basic horse care; brushing; saddling

LIZA: how to put a western saddle on; the groundwork games like the Friendly Game and the Wiggle Rope Backup and how to reward the horse for doing things

GWEN: rekindled my memories about horses and care; and I saw that my daughter COULD connect; great for her to have that experience; she is brave around those big horses; a small child can really connect with a big animal; she is willing to learn and listen

2) What did you learn about yourself?

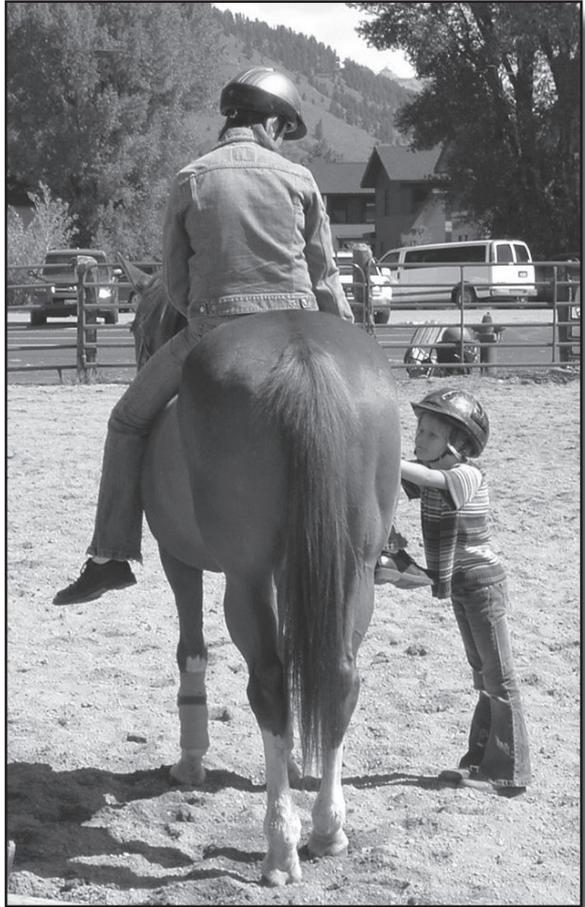
SHAWN: that there's always a little extra time that can be spent with your kids, no matter how you figure it - HW or school; there are so many little things that can be done to spend more time with kids

MICHELLE: that I probably need to let my daughter do more; not be so "hands-on" as a parent

GWEN: proud of us together, neat opportunity for her to teach me, how we could communicate together, reconnect my love with horses

SUSAN: sometimes I NEED to stop talking; more often I usually over-talk things; I talk for other people - I am a talker by nature; I try to be the mouthpiece for everything

LIZA: I'm not afraid of gentle, well-behaved horses!; I don't know everything; I need to be patient and let my daughter figure things out at her own pace, like how her actions affect others



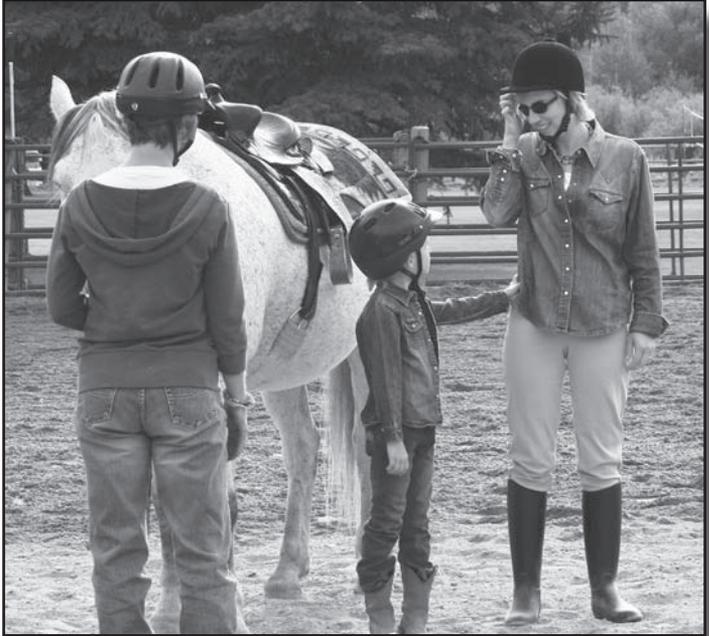
Gwen asks her daughter, Amanda, for pointers on how to ride Suka bareback without falling off.

3) What did you learn about your relationship with your child?

SHAWN: we have more trust towards each other

MICHELLE: we have the part about where we can work together without speaking; we read each other better than we thought we did; lots of it was non-verbal communication which can be good and bad but we do better than I thought we could

GWEN: this was something that we could build memories on; a totally new experience just for the two of us; we could build a foundation on communication; she got to have an experience just with me



Kirsten congratulates her mom, Rosi, on her successful saddling of Graine.

SUSAN: my daughter is not comfortable with me not knowing something – that was frustrating for her

LIZA: don't schedule a vacation during Power Ponies™!!!; when she is frustrated I take too much responsibility for it; try to fix it

"There's always a little extra time that can be spent with your kids."

- Shawn Oakley, Power Ponies Parent



Rain coaches her dad, Shawn, how to saddle their horse, Skippy, in the saddling race.

4) What was the biggest impact of working together with the horses?

SHAWN: teamwork; getting to know each other that much better

MICHELLE: having patience with my child and the horse both – if you do that it's a wonderful experience

GWEN: I could see that my daughter could direct the horse and have it respond to her; her relationship with the horse was empowering for her

SUSAN: it kept us focused; we had a common point of reference; it didn't let our minds wander off

LIZA: horses bring out emotions, frustrations, thoughts, things that the child is proud of that you wouldn't get otherwise; kids show frustration even when they don't know they are; we could work through frustrations that may not have come out if we were working somewhere else; body language is obvious – it affects the horse a lot more; horse can pick up on those emotions that she and I had together

5) How do you see horses now after working with them as teachers?

SHAWN: they are really magnificent creatures; there's no classification of animal that you can really put them in – kind of one step above; they understand people better than a dog or cat; my eyes are a lot more open towards horses and the amazing stuff horses do for people, and vice versa



Suka demonstrates how big a part she is of Clara and Eric's winning team moment.

MICHELLE: it's not that they're smarter than I thought, but more in tune to emotions, more in tune to subtleties; you can move them with a finger; they pick up on your emotions

GWEN: they are living creatures, they can all teach us about compassion; they give us the ability of looking outside ourselves

SUSAN: always have had a respect for them; much more forgiving than I had perceived; good judges of character – they trust you if they think you deserve it

LIZA: very therapeutic, powerful; amazing how they can teach people how to interact with others; they are innate teachers; they don't let you get away with much; our moods really affect them

What Makes a Good Teacher?

Learning styles are key to the success of any teaching endeavor. In the parenting programs at Horse Warriors™ we spend time discussing how all participants like to learn **before** even going into the arena. We check in with the students while they are teaching their parents. We help them review their goals for the session, and check to see if their “learning styles” are being met.



Lucy practices fun ways of “teacher speaking” with her mom and Caren.

Students Say:

(In their own words from their journals!)

- calm
- organized
- make the students laugh
- the teacher is nice
- know a lot of things so the teacher can teach
- help the student when he or she needs it
- look at them when they are teaching
- make the day fun
- make you practice hard
- praise you when you are doing good
- should show and tell you what to do
- be quiet so you can do it
- fun
- kind
- responsible
- organized
- treat everyone equally
- speak clearly



Kirsten and Rosi use eye contact to make sure their communication goes well while Rosi learns to ride Graine.



Caren Vogt

Volunteer of the Year

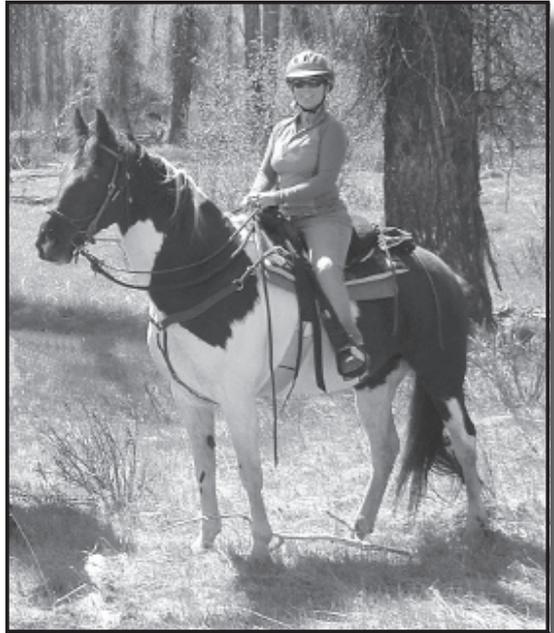
Caren drove back and forth from Bedford every week (a 3 hour round trip!!) to help with Power Ponies™ and Mighty Mustangs™ this summer. *THANKS!!* She also helps train and exercise horses, and designed new curriculum for our upcoming Pilates & Riders course. Caren met us at our first Horses of the Goddess course, and now she's one of our excellent instructors!

The Therapist's Point of View

by Courtney Marvin, LMFT

Watching a young person learn about him or herself through the good graces and honest nature of a horse is something that hooked me on Horse Warriors™. Through interactions with the horses, a parent and child can begin to understand some of the less constructive mechanisms of their family interrelations.

The practice of Equine Facilitated Mental Health is a relatively new concept in the therapeutic world. It is rapidly gaining support and building credibility as programs develop, grow and conduct valid and reliable research studies.



Courtney and Mr. Dan, counseling in the wilderness.

There are many effective modes of therapeutic intervention, and as a psychotherapist I have practiced a number of them. As a family therapist at Horse Warriors™, I help the program incorporate some of the approaches and insights of traditional family therapy models where appropriate, as well as the increasingly popular benefits of Animal Assisted Therapy.

I grew up loving horses but never had much experience with them. Horses were beautiful, larger than life. Sitting on a horse's back made me feel strong and powerful. During my few childhood riding lessons, I don't remember learning much about the individual horse. It was a tool, a means to an end whose needs were met by keeping it fed and ready to ride. I knew little about my horse's personality. I didn't understand how getting to know, learning to work with, and cooperating with a horse could be so much more rewarding than trying to dominate him. All of this changed five years ago when Priscilla invited me to work with Horse Warriors™. There I learned that horses are social animals that can communicate with each other and with us.

Each horse has a distinct personality and emotional makeup. They develop herd bonds based on respect, trust, empathy, dependability and reliability - qualities that we also value in our human relationships. When these bonds are broken or stretched, horses respond honestly, without reflection or complex thoughts. Once you know what to look for, you quickly find that they let you know when they're happy, scared, annoyed or anxious! One of my earliest revelations as I developed my expertise in the field of Equine Facilitated Mental Health/Learning was to see how powerful introducing a one thousand pound horse to a child or a child/parent relationship could be. It brought instant depth to helping people learn about themselves, others, and horses in a fun and non-traditional therapeutic environment.

One of the benefits to this approach is that when a child and parent begin at Horse Warriors™ they partner with a horse who knows nothing of their family history and has no preconceived notions. As the family begins to



Courtney coaches a student and mother through a difficult obstacle navigation.

what is going on between individuals when they may not be able to see it easily for themselves. Discussing the process right there in the arena, while an experience is still fresh, can bring opportunities for insight and growth in areas of our personal lives that we often find uncomfortable and hard to put into words.

"Each

horse has a distinct personality and emotional makeup. They develop strong bonds with each other and with people, based respect, trust, empathy, and dependability or reliability; qualities that we also value in our human relationships."

build a relationship with the horse, the horse responds honestly and immediately to inputs that it finds positive, or negative. If a child or parent is happy, anxious, wary, scared, etc., the horse picks up on that. As a therapist, my role is to help them understand how their behaviors and energies affect the horse, and each other as well. The horse is a mirror, highlighting



Alex with her favorite horse, Hoot.

Internship

BY ALEX HARDEN

Jackson Hole, Wyoming is home to great beauty: Grand Teton National Park, the Snake River, Yellowstone National Park, and Jackson Hole Mountain Resort. The vistas are overwhelming; however, underneath all the beauty and serenity there are, like within any community, people in need. Interning with Priscilla allowed me to appreciate this need through her program, Horse Warriors™.

This summer I worked with kids roughly 7-19 years old. One of the children I worked with had been diagnosed with Reactive Attachment Disorder. Many students in the program are labeled ADD, yet when they worked with the horses they

stayed totally focused and present. They showed up every day excited to learn and the horses taught them well.

First-year internships at Horse Warriors™ are unpaid, so I was forced to get a second job! On the side, I was a polo groom. I would help with Horse Warriors™ 4 days a week from 6:30 in the morning until about 5. I would then go ride up to 7 horses for polo. I wouldn't typically get home until 9 or 9:30 pm. I like my sleep, so when my alarm would go off at 5:15, before the sun was even awake, I would groan and moan trying to find the energy to make just the slightest movement.

However, as I would lie there, all I could think about were all these kids; kids who had been abandoned; kids who often didn't have any friends; kids who counted on me getting up. I would then wake, rushed, thinking, "how could I have been that selfish!"

"All

I could think about were all these kids; kids who had been abandoned; kids who often didn't have any friends; kids who counted on me getting up."

As an intern I helped teach these kids how to ride, how to interact positively with the people around them, and to support them being allowed to act their own age. There were some definite meltdowns, and some definite setbacks, but then you come to the end of the summer and think about all the progress that they have made.

This program is phenomenal; the way it teaches these kids how to acknowledge people's differences and weaknesses without judgment. I watched young high school girls comforting their peer's fear. I watched the one boy in the program be willingly included in all the girls' conversations. I watched these kids form a support group that was often stronger than anything they've ever had.

Many times this full-circle, nurturing mentality begins with the bonding process that takes place between a horse and its rider. A horse is a big, wild animal, and to many people frightening; however, these big, wild animals become our unwavering support. When you have had a bad day at school, your horse will be there to provide you with endless amounts of comfort. When you're feeling particularly lonely, your horse will be the only one that hasn't fled. Much of the healing, and growth comes from the horses' ability to provide these kids with unwavering devotion.

I feel as though writing can do no justice to the importance and impact that this program has on the kids that are involved. When people asked what I did for the summer, I would tell them. Often times I was greeted with an uncomfortable, "Oh, how was that?" I just smiled because I was never working with "at-risk kids and therapy horses;" I was working with my friends. I laughed genuinely; I rode relaxed; I spoke with honest words.

Iwish that every job could offer me those very things.

- Alexandra Harden

"I watched these kids form a support group that was often stronger than anything they've ever had."



Alex and Skippy get ready for the Power Ponies™ with big smiles on their faces.

Students' Writings From the Field



the sound of the creek
running down the mountain
over the rocks
birds chirping
the eagle crowing
colors of the rainbow everywhere
it's in the trees
or over hills
under grass
the red paintbrush
so tall and sweet
sitting back watching
the clouds roll by
can you find a dog
or maybe a dragon
I've seen the world from my seat
but now it's time to climb
back up into the saddle
and ride along and see
what we discover next.

*Casee and Alex take
a drawing break
during lunch.*

*My dad is the
heart and my
shining star
that leads me
down the right
path. When I
am sad he is on
the phone to
make me feel
better when I
feel sad and
mad.*



*Col, Alex,
Kira and
Betsy,
writing at
the top of
the world.*

The grass is green
and the flowers are growing
and all my friends
are riding their horses
Graine, Hoot, Ropy,
Buzz, Belle and Suka
love the trail
as all of us like the trail, too
Hoot is sad because
he lost his shoe
All my friends
love their horses



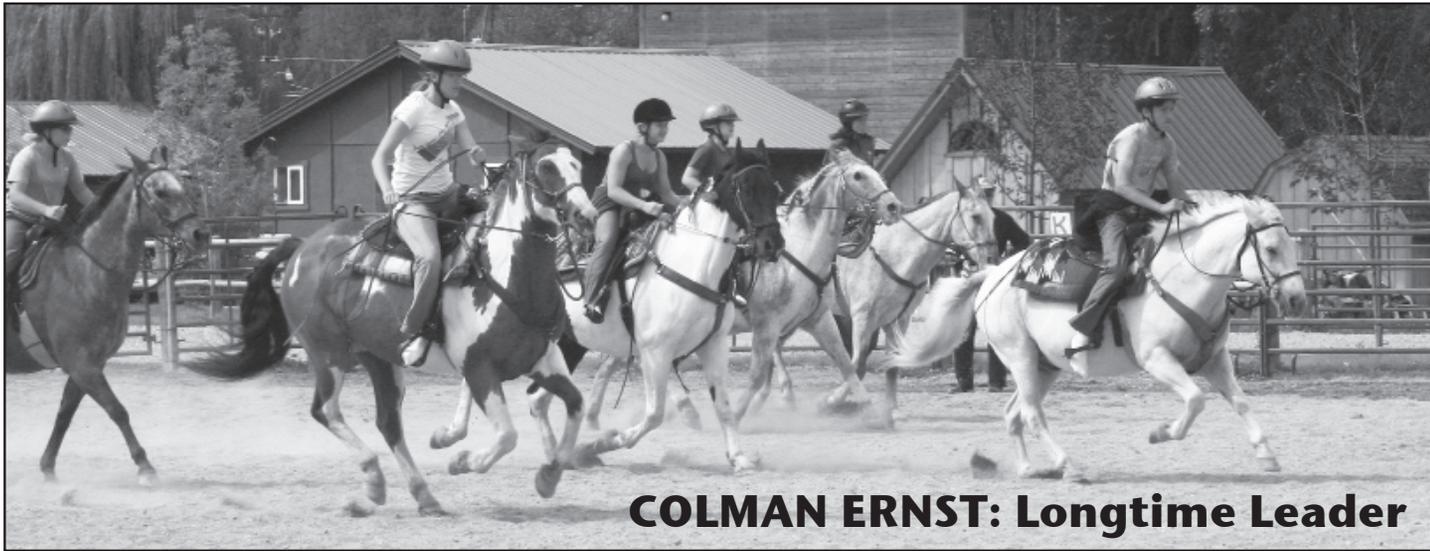
*up here in the sky
perched on a granite spire
chips and flakes of
hard, old geology
tumble into now*

*my breath is thin
the horses wheeze
and sweat
stumble and scramble
their hooves clad in iron*

*pikas chirp, hiding
their mousy echoes deep
in the clefts of rock*

*I am a sky dweller
floating above my life
here in the dappled shadows
of brushy pines*

*home is nothing
compared to this*



COLMAN ERNST: Longtime Leader

Student in the Spotlight

Col has been in the Horse Warriors™ programs since 2005. He started in Power Ponies™ and has progressed through the ranks to become a highly valued Demo Team member and mentor for the Power Ponies™ and Mighty Mustangs™ programs. Col is a sophomore at Jackson Hole High School. He is a wiz at riddles!

Students in the Boot Race at the annual gymkhana, with Col and Ropy well out in front!



Col and Ropy meet for the first time in the 2005 session of Power Ponies™

In Col's Words...

"Mentoring has been a very fun and good experience because not only do I teach kids, but occasionally they teach me. They've taught me how to have fun more because of their rowdy little playfulness. They've also taught me that making friends is easier than it looks, and harder than it sounds. Being a mentor is hard because you have to teach the kids on a level of learning that they already know. You have to get on their level so they can understand you. It's been hard to get to their level because I'm so far past it, so I have to think back and remember to just get different words. For instance, instead of saying to my students, "it's complicated," I would say, "it's very hard." Being a mentor has been fun and given me something excellent to do because I'm surrounded by people who are very nice very friendly. It's also given me a feeling that I'm surrounded by people I can always trust and rely upon. It's as if they are my family away from home."



Col mentoring a father/son team in the 2007 Power Ponies™ program

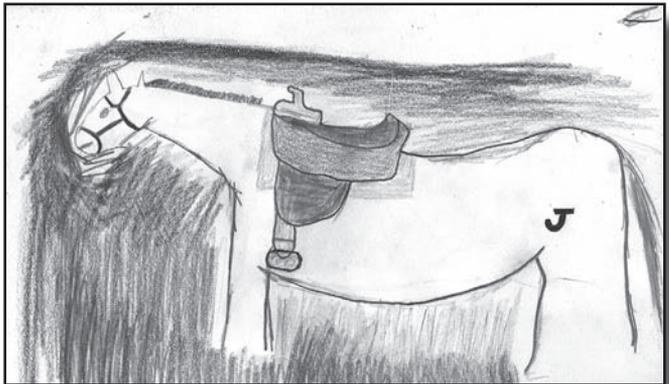


Col explains a riding pattern to a parent competing in the gymkhana



ART PAGES

Drawing well is about observing well. We learn to notice the small details in our environment from the horses. Their awareness of us is ever-present. This summer we worked on fine tuning our own observation of them through a series of short, timed sketching sessions. 5, 10, 20 and 30 second sketches culminated in a fairly quick 10 minute drawing of the horses resting at lunch.





"Mom in a Rainhat," by Kira.

This year's Upper Level Family Fun Day had both parents and kids drawing together. They practiced their observation skills by doing colored pencil/graphite portraits of each other out on the trail (and in the rain!!).

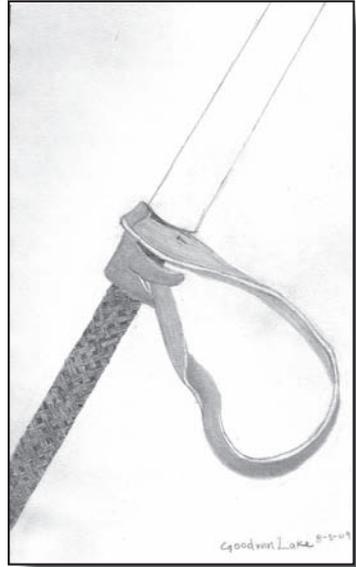
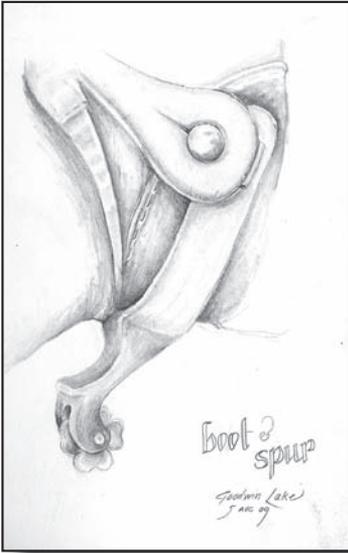
Kathie balances on a damp log while her daughter, Kira, tries to capture the subtle nuances of her mother's expressions and facial characteristics.



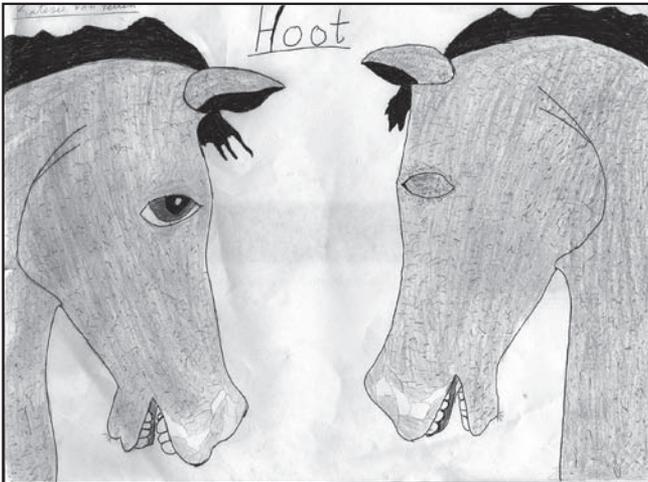
The results were wonderfully accurate, and despite the rain, the parents had a delightful time accompanying their children out on the trail this summer.

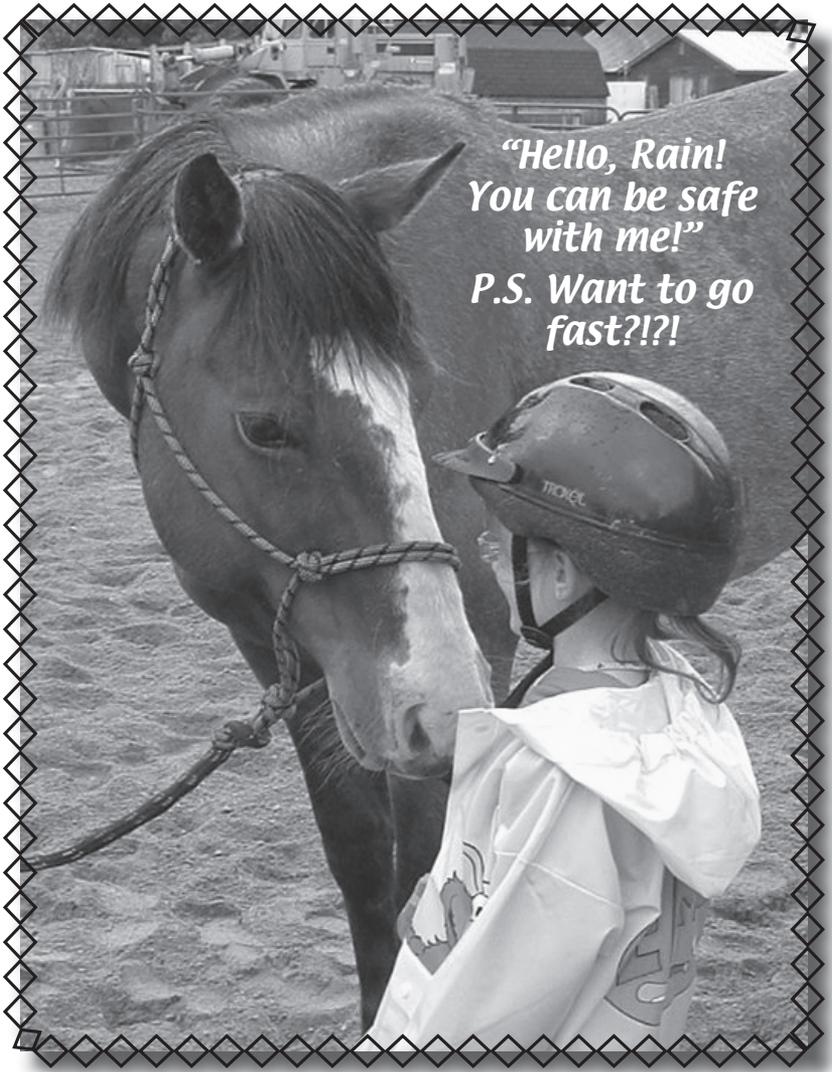
"My Daughter - All Grown Up," by Kathie

Taking a small section of an object and paying attention to the smallest detail is another exercise students pursued out on the trail. Many of our art exercises take place in the backcountry so we draw whatever is around us during our lunch break.



Memory drawing is also part of practicing observation skills. In this instance we have to rely on what we observed at another time and call up the details to the best of our recollection. Here is Hoot, from both sides, including his missing eye and all his freckles!





*“Hello, Rain!
You can be safe
with me!”*

*P.S. Want to go
fast?!?!*

SKIPPY

Horse of the Year

This was Skippy’s first year as a student horse and he was fantastic! After his debut in Horses of the Goddess, he went straight to Power Ponies where his friendly and willing attitude charmed the hearts of everyone.

Fame & Glory

ABC Films Horse Warriors™ for Primetime Segment



Scott Ransom, ABC News photographer, captures the finer points of saddling as Kira and Canyon prepare for a riding segment in the Outsiders special, "Wild Mustang Hearts."

ABC News came to Jackson this summer to film us! Now famous across the country, Kira, Claire and Canyon spent two incredibly FULL days being interviewed and filmed for the ABC *Outsiders* special, "Wild Mustang Hearts!"

The program traced Canyon's path from being rounded up with his herd in UT, to his gentling at the Canyon City, CO, prison's W.H.I.P. facility (Wild Horse Inmate Program). From there he traveled to Assurance Home in Roswell, NM, where he was trained further as a therapy horse. Finally, Canyon's deep and loving relationship with Kira and Claire was highlighted, as well as the wonderful mentor relationship that Kira and Claire share with each other.

The TV show gave people a glimpse into the special nature of mustangs that has worked so well for the Horse Warriors™ program. We are looking forward to getting Chico, the mustang in training at Assurance Home now, who was also highlighted in the film. Chico will arrive next spring and we can hardly wait!

Claire, Kira and Canyon pose with ABC writer Jay Shadler and ABC producer Kimberly Launier on the "ranch set" for "Wild Mustang Hearts."



Claire's Story

I was beginning to get nervous driving to the horse arena. Today was the day I would be filmed by ABC News! When we arrived we were introduced to the TV crew. Kimberly was the producer, Jay Schadler interviewed me and there was a cameraman and a soundman. I was very excited to meet them. I had been talking to Kimberly on the phone and she sounded like a real neat person. We had a lot in common. We both liked animals, especially dolphins and whales.

The crew got all their cameras positioned. I felt a little nervous. Everyone was crowded around me. I felt as if I was under a microscope! It was hard to focus on the questions I was asked with all the people surrounding me, and just focus on my horse. It was almost time when I would go out in the arena with Priscilla and trot on Canyon for ABC News. I was



fidgeting nervously thinking of all the bad things that could happen. What if I fell off? But something great happened! When I got on Canyon we did everything perfectly. I suddenly felt much stronger and wasn't afraid of the film crew anymore, I would just try my best and have fun on my horse.

(continued)

Claire and Canyon riding perfectly.

After I got off Canyon, Jay and Kimberly had more questions to ask. I was worried that I wouldn't be able to answer them very well so I was a little afraid. Everything had to be perfect! The light had to be positioned in just the right way and we had to keep adjusting the long cold cords of the microphones dangling down our backs. I felt a little better when I thought that I wasn't the only one who was nervous. Kimberly was under the pressure of getting everything right.

We finished the day by walking in the beautiful pasture where Canyon lives. I couldn't help but wonder how I had done. I also wondered what I would be like on T.V.

The night the show was on I was very excited! I knew all of my family and some of my friends were watching me. When I saw myself I could hardly breathe. I looked so different. I could hardly believe my eyes! I was a little sad that the world didn't get to see me trotting proudly on Canyon, but I am glad that the world got to see what a great horse Canyon is and how much we love him. I had a great experience becoming famous for a while, but I am glad things are back to normal. I am looking forward to visiting Kimberly in New York City someday.



Claire and Cindy answer questions from Jay Shadler during their interview.

Kira's Story

I was a little unsure of why ABC Prime-time wanted to come all the way out to Jackson from New York to do a story about a horse. Of course I knew what a wonderful, loving, playful horse Canyon is, but why did these people want to learn about his story when there were plenty of other great horses much closer to them?

This was before I knew all the details of Canyon's interesting upbringing. Once I was told more about Canyon's past and the many people he had met before he came to Horse Warriors, I understood why Kimberly and Jay had taken such an interest in him.

"I had

to look perfect, say the right things, and be sure not to make a single mistake while that camera was near me."



Kira calmly runs through their ordinary routine as she readies Canyon for their day in the limelight.

Although I knew that the focus would be primarily on the star mustang, I couldn't help but be excited and nervous at the same time. This was national television. Everyone I knew and people I didn't know would be watching this. I had to look perfect, say the right things, and be sure not to make a single mistake while that camera was near me. The Tuesday that the film crew came to Power Ponies was definitely the first day I have ever put on makeup and straightened my hair before a long, hot day with the horses.

I made sure to calm myself down with several much-needed deep breaths before the crew started filming. Except for being asked to repeat the same thing I had just said over and over so it was recorded perfectly, everything felt natural. It was a pretty normal Power Ponies experience (minus the camera). The next day of filming was: a "trail ride" consisting of short rides through fields and a stream, some lap swimming at the rec. center, and a few short climbs at the rock gym. Keeping the same calm mentality from the day before, I relaxed and enjoyed



Andre (sound technician), Kimberly (producer), Priscilla and Scott (cameraman) discuss flogisitcs during a break.

doing those three things that I love to do.

"That

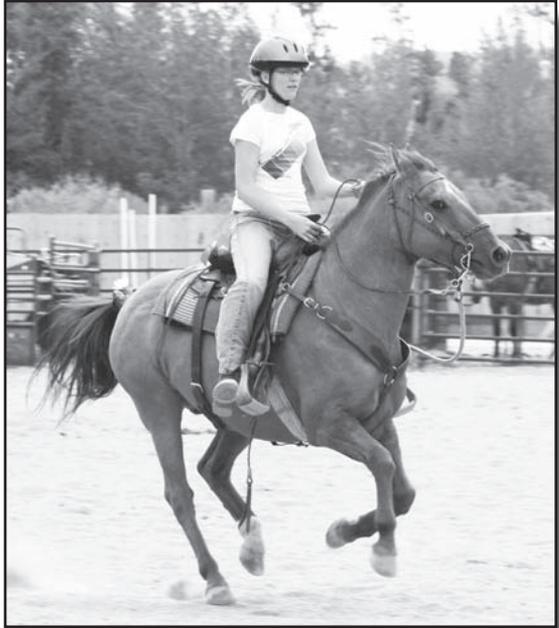
was definitely the first day I have ever put on makeup and straightened my hair before a long, hot day with the horses."

When the day came to finally see how the show turned out, I felt a bit nervous again. How was it all going to turn out? Would I look good on TV? After watching, I realized that it didn't matter how I looked because I wasn't the focus of this show. It was about Canyon's life and how his past led him to Horse Warriors. It was fun to get my 15 minutes of fame, but Canyon was the true star of the show (and for good reason; he is an amazing horse with an inspiring story).

Congratulations, Betsy!

LEVEL IV Rider

I'm Betsy and I've been in Horse Warriors™ for six years. I've had a lot of amazing experiences with HW. This program has improved my art skills and my riding skills. But the skills that have developed the most through HW are my people skills. For the past 3 years I've been a mentor for the Power Ponies™ and Mighty Mustangs™ programs. I enjoy teaching the Mighty Mustangs and Power Ponies how to ride. The best days are when the kids teach the parents how to ride. It shows me, the mentor, that my words actually sunk in to my student.



Betsy and Buzz gallop towards the finish line in the gymkhana

"The skills

that have been developed the most through HW are my people skills."

Betsy coaches her Power Ponies™ student, Rain, on the best way to ask Skippy to back up through the parallel poles on the ground.



Horse Warriors™ Levels Guidelines

LEVEL I: Entry Level Student

Attend HW sessions

Groom, saddle, bridle, mount with assistance from mounting block

Walk and trot independently

Ride bareback at the walk

LEVEL II: Independent Student

Attend HW sessions

Catch, halter, tie, groom, saddle and bridle horse without assistance

Mount independently from the ground

Walk, trot, canter in arena and on trail

Back up

Post to the trot and sit to the trot

Ride bareback at the walk and trot

Identify basic horse parts

Perform basic ground work tasks including:

 Friendly game

 Porcupine

 Wiggle-Rope Backup

 Circle Game

Maintain journals

Attend discussion groups

Participate in community service projects

LEVEL III: Junior Assistant

All of the above, plus:

Ride without using the horn

Ride with one hand only; demonstrate leg yields, side pass

Ride without stirrups at the walk, trot and canter

Jump obstacle

Walk, trot and canter bareback in arena

Know and practice correct leads and diagonals in arena; ride patterns

Know all the parts of the horse and hoof

Know all the parts of the saddle and bridle

Know different types of bits and saddles: why they are used & how to fit them

Assist with demonstrations for new participants

Know and explain all horse safety procedures

Be a member of the Demo Team

Mentor Power Ponies Students

LEVEL IV: Master Student

ALL of the above, plus:

Teach lessons (w/ instructor supervision) independently to new participants

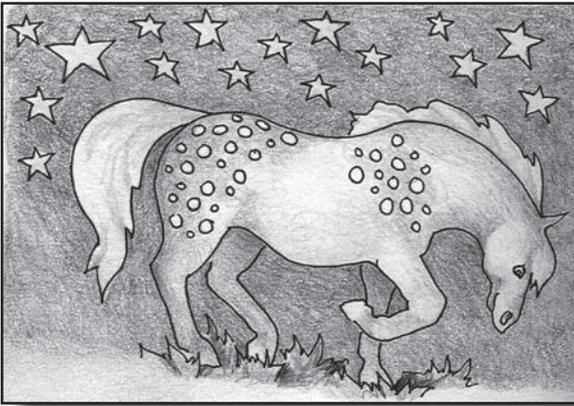
Assist with young/new /upper level horse training

Assist with group discussions and journal sharing

Help with fundraising: White Horse Social, Special Events

Assist in HW marketing through being an ambassador student

Demonstrate exemplary leadership skills and a commitment to the program



THANKS to all our 2009 Grantors!

- PC Fund for Animals
- Engelhard Foundation
- Community Foundation
- Kiwanis of Jackson Hole
- Carlson Family Foundation
- Soroptimist of Jackson Hole
- Chichester duPont Foundation
- CFJH: Old Bill's Fun Run Donors

Funding Factoids

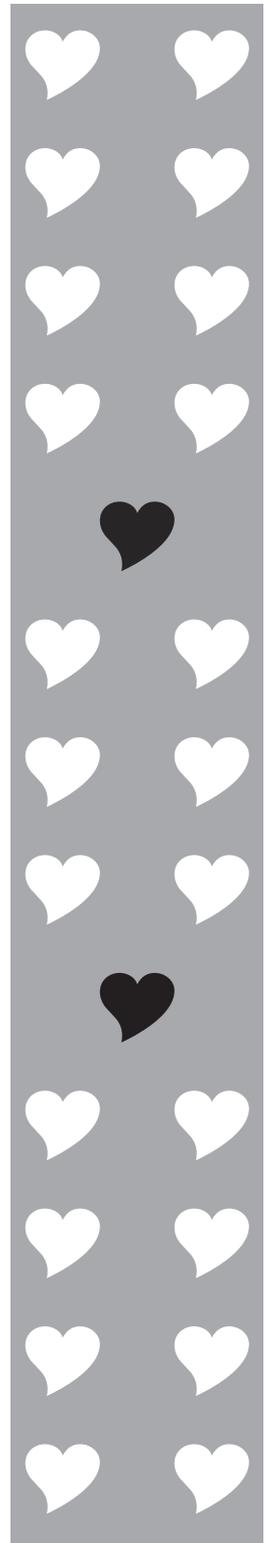
20% of our annual income comes from tuition

- 90% of HW students are on partial scholarship
- Scholarship comprises 34% of our tuition fees

32% of our annual income comes from grants, donations & fundraisers

48% of our annual income is from Old Bill's Fun Run

When you give at Old Bill's, donate scholarship funds, or help us with granting opportunities, you're part of maintaining the viability of our wonderful programs!





Power Ponies™

a parenting program
with horses!!

June 15 - August 10
Tuesdays 9-11 am
COST: \$500 per family

Power Ponies™ is a fun and educational parenting program for kids ages 6-11, with an accompanying parent or guardian. (Parents participate weeks 1, 3, 5 and 8.)

Classes take place on Tuesdays at the Wilson Arena. Curriculum includes:

- safety with horses
- relationship building
- riding instruction
- healthy development of personal boundaries
- clear communication
- creative self-expression (journals)
- exploration of feelings
- positive interactions between children and their parents
- end-of-year gymkhana games day

Classes are facilitated by NARHA certified instructors and a licensed family therapist.

Class size is limited to 4 families.

These classes fill quickly!!

First come, first served - to request an application call:

(307) 733-7464

What Happens to the Horses During the Winter?

When students go back to school in the fall, the horses get a little break from their everyday riding. However, they still need to be cared for and kept in condition.

In September we start loading in our 42 tons of hay. The hay is stacked and covered with heavy plastic tarps which are tied securely to prevent them whipping away in the violent winter winds.

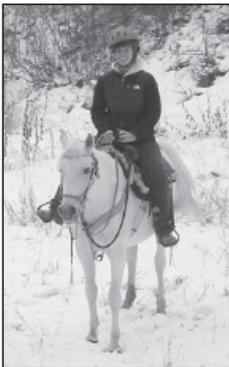


Robert Heiner, our hay provider, stacks 8 bales at a time with his loader.



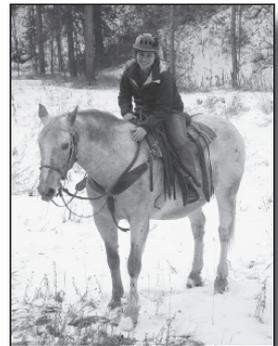
Kelly takes a load out to Canyon in the wheelbarrow. As soon as the snow falls the wheelbarrow is traded for a flat bottomed sled.

Volunteers and staff feed the horses every day, and keep the horses exercised. They get ridden twice a week throughout most of the winter and spring. Until the snow gets too deep we ride them on the trail; then we ride at the public indoor arena during "Open Riding" times to keep them legged up.



Riding in the winter can be slippery. We pull shoes in the fall to keep the snow from balling up in the horses' feet, and we limit our trail rides to just walking.

Kelly and Belle (left), and Kim and Hoot (right) enjoy an outing up Game Creek in the fall.



When the snow gets really deep the haystacks can get buried and have to be dug out. The 90 lb. hay bales are hauled out to the field one at a time in a sled. Horses each eat 30 lb. per day.



Tony and Priscilla tag team feeding. Tony shovels a path to the hay and clears off the stacks while Priscilla hauls the bales out to the horses.

Our horses get thick coats to keep them warm. This winter Kim and Kelly, both graduate students at Teton Science School, did a presentation on the winter adaptations of horses. Some of their findings were:

- Horses with darker colored hair had consistently warmer surface (hide) temperatures
- Ambient air temperature directly affected surface temperatures
- Solar presence (no clouds) directly affected surface temperatures independent of ambient air temperatures
- Wind velocity affected surface temperatures
- Feeding hay increased surface temperatures by several degrees (1 hour after feeding)



Knee-deep snow is nothing new for Ropy, who is happy to have a "snow table" on which to dine!

This information helps us feed better and adjust our blanketing schedules (blankets for some of the older horses).

Thanks, Kim and Kelly!

Using All Your Senses:



Michelle ties the blindfold on her daughter, Sammi, as they take turns leading and practicing another level of awareness by giving up one of their senses.

My experience riding blind was pretty interesting. I got dizzy two times - once when I was first putting the blindfold on, and another time when we did the spiral. I'm happy that I didn't fall off though. I got pretty close to though. Probably because I felt like I was swaying on Ropy. When Ropy walked I felt like I was about to fall off. I think that if I had trotted I would have fallen off because Ropy's trot is pretty fast and bouncy.



Claire feels Canyon "moving like a train" while Gary leads her in the arena.

Riding ~~BLIND~~

"I could

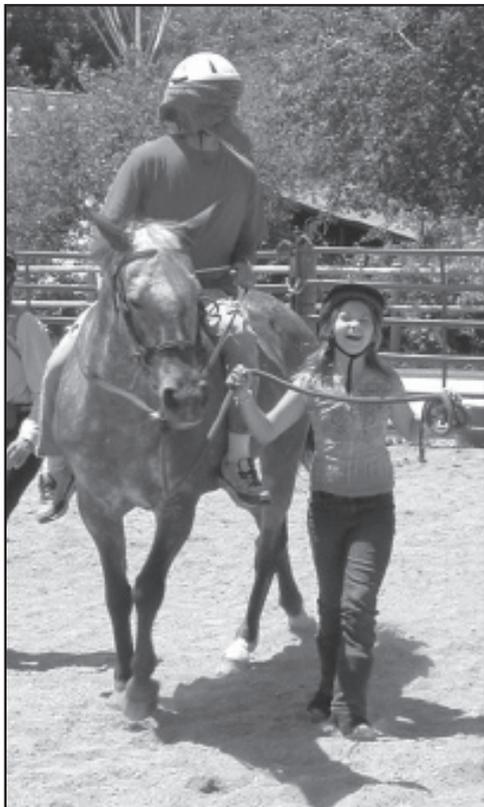
feel when my horse stood up tall and felt the rise and fall as he walked. I felt every muscle in his body and the tiniest flinch was as clear as day."

Riding blindfolded feels almost like a train. When I stopped I felt like I was still moving, almost like I was drifting away on my horse into the clouds. I could feel when my horse stood up tall and felt the rise and fall as he walked. I felt every muscle in his body and the tiniest flinch was as clear as day. I felt like I wasn't in control, but then I was. I think riding blindfolded helped me a lot with my riding and bravery. When I opened my eyes and took the blindfold off the light of the sun blinded me.

I definitely had trust in Suka. I felt very safe with Suka under me and Priscilla by my side. I pictured where we were and where the obstacles were. I felt as if I were at a place when I could trust Suka enough to not use the reins or having to use my eyes. Thanks again Priscilla for making sure I was safe. Thank you Suka for being my eyes! And finally thank you Kateri, Betsy, Alex, Catherine and Sammi for being my inspiration for trying new things such as horseback riding!

Daran is led through the trust walk obstacles by his daughter, Alexandra, as she encourages him to listen to his body, not rely on just his eyes.

Without my eyes I feel my horse, not see my horse. I am confused at times – am I moving forward or backward? Where am I in the arena? Then I stop thinking and I feel – feel her soft, strong back under my seat, feel her sides move under each of my legs. I feel the tip of my spine touching her backbone and I move with her. My knees push to turn and she changes direction. All her movements are like slow-motion video. I can feel each foot touch and leave the ground, feel her gather energy to speed up. I feel my breathing settle and she slows down. I am glad she has a broad back so I feel stable and secure on her.



“Thank

*you, Suka, for
being my eyes!”*

Riding blindfolded helped me key into my horse better. I got to know her better. While blindfolded, I could feel my legs slip forward at the trot. It really helped me notice my bad habits while riding. I could feel my body go with her at the walk and at turns better than when I could see.

Women & Horses™

A HORSE WARRIORS™ RE-CHARGERS™ PROGRAM

Workshops *for* Women Who Love Horses

- Relationship Building
- Trust Exercises
- Obstacles Work
- Bareback Arena Riding
- Trail Riding
- Art & Writing
- Discussion & Sharing
- Games & Camaraderie

**Group Size is Limited
to 6 Participants; all riding
experience levels welcome**

2010 Schedule: 9 am - 5 pm

June 24-26

September 23-25

**Horse Warriors™ provides
Horses, Tack and Safety
Helmets (Required)**

STAFF: Priscilla Marden
CEFIP-ED, TRI
Courtney Marvin
LCSW
Alexandra Harden
HW INSTRUCTOR
Caren Vogt
HW INSTRUCTOR

COST: \$350.00 per person

HORSE WARRIORS™ • P.O. Box 602 • JACKSON, WY 83001
WWW.HORSEWARRIORS.COM



Come join us for some great fun with the horses.

(Space is **limited** so please call soon. There has been a
huge demand for these workshops!)



HORSES OF THE GODDESS
JUNE 7-12, 2010
COST: \$900

Instructors

PRISCILLA MARDEN: CEIP-ED;
Executive Director, Horse Warriors™,
Jackson Hole, WY; EFMHA Board
Member; Certified NARHA Instructor

MARTHA MCNIEL: LMFT; CEIP-MH;
Executive Director, Dreampower
Horsemanship, San Martin, CA;
EFMHA Board Member; Certified
NARHA Instructor

ALEXANDRA HARDEN: BA; Colgate
Equestrian Team; Horse Warriors™
instructor

*H*orses of the Goddess™ is an Equine & Arts based empowerment program for women interested in self-exploration and the field of Equine Facilitated Mental Health. This is an immersion program, targeted to the serious student of Equine Facilitated Therapies and Learning, who would like to deepen skill sets and expand program curriculum. The classes run from 9 am until 9 pm each day. Activities and instruction include:

- Horse Language, Safety & Herd Dynamics
- Horse/Human Relationships & Trust Building
- Groundwork
- Riding: Bareback & Saddle
- Obstacles Training
- Games and Teamwork
- Journaling: Art & Writing
- EFMH Theory
- Curriculum Planning
- Role Plays (Group created)
- Evening Meals
- Creative Time
- Trail Riding
- Lots of Fun!

*A*ppropriate and fun for women with at least intermediate riding experience, ages 21 and over; 200 lb. weight limit due to horse size. Course tuition includes all instruction, required safety helmets, light evening meals for 5 days, horses and equipment. *Limited* home-stay housing for out-of-townners available on a first come, first served basis.

<http://www.horsewarriors.com/horsegoddess.html>

Thanks for Supporting The White Horse Social!

SPONSORS:



MIKE'S BODY SHOP, FIRST INTERSTATE BANK, LOWER VALLEY ENERGY, BARB & BOB SHERVIN, HOBACK SPORTS, ALBERTSON'S, E.LEAVEN, JACKSON WHOLE GROCER, SMITH'S, WYOMING WEST DESIGNS, KMTN, FARM BUREAU, TC FAIR, HIGH COUNTRY LINEN, McDONALD'S, JH JAYCEES, HARD DRIVE CAFE

AND TO THE MOST GENEROUS PEOPLE IN THE WORLD, OUR AUCTION DONORS & VOLUNTEERS:

Jackson Whole Grocer-Bob Arndt • McDonald's-John • E.Leaven-Elizabeth & Eben Dorros • Haagen-Dazs-Chris Albertson's-Scot Evans • Smith's-Joe • Jolly Jumbuck • Tom Mangelsen • Bob Caesar • Valerie Seaberg • Anna Chalfoun • Steve Schulz • Teresa Flood • Schmitz's • Flat Creek Saddle Shop • Global Treasures • Dina Cuccio • Mostly Fun • Bob & Barb Shervin • Pat Donley • Goodie 2 Shoes • Rocky Mountain Hardware • Dragon Lady • JH Hat Company • Blue River Studio • Bet The Ranch • Davies Reid • Horse Of A Different Color • Ken & Bobbi Eva • Wild Hands • Round-Up • Neil Henderson • Henry Holdsworth • Beaver Hats & Leather • Belle Cose • Gifts Of The Earth • Coldwater Creek • Hard Drive Café • Amangani Grill • Crissy Shea • Mimi Wry • Joelle Marie Cogliati • Dana Cradeur • Jenn Reno • Thai Me Up • Dondi Tondro-Smith • Teton Pines • Kim Jeffries • Denise Stark • Steve Hansworth • Bar J Chuckwagon • Sandy Humphrey • Jenny May • Laurie Brown • JH Playhouse • Mangy Moose • Virginian Restaurant • Nani's • Shades Café • Ocean City Bistro • Matt Delgado • Briar Rose • Tim Gibbons • Joan Lapham • Baggit • Karen Rasmussen • Shervin's Independent Oil • Casey Cox • Lyn Dalebout • Alison Brush • Million \$\$ Cowboy Steakhouse • Tina Seay • Snake River Grill • Trevor Bain • Doug Arnold • Sidewinders • Tiger Tan • Rena Trail • Eddie Kolsky • Kathie Chandler • Spring Creek Animal Hospital • Stacey Price • The Wort Hotel • Roadrunner Apothecary • Shear Dimensions • Bubba's BBQ • Dancer's Workshop • Backcountry Provisions • Sweetwater Restaurant • Teton Thai • Teton Steakhouse • Blue Spruce Cleaners • Skinny Skis • Sarah Sturges • Trio • Rendezvous Bistro • Papa Chan • Betty Rock • Animal Care Clinic • Teton Barber • Q Roadhouse • Grace at Amangani • Laura Gerrard • Gun Barrel Steakhouse • Blue Lion • Akasha Yoga • Nan Reppen • Hines Goldsmith • Katharine Donan • Star Valley Feed Store • Yippy-I-O Candy Store • Ripley's Believe It or Not • Main Event • Pearl Street Bagels • Teton Kids • Pizza Hut • Snow King • Stitch N' Time • NYC Sub Shop • Char Ral Floral • Global Treasures • Tisch Brown • Mountain High Pizza Pie • All About You Salon • Jedediah's • Pica's • Loose Moose T-Shirt • Katie & the James Booth Band • Jan Marrou • Stacey Breidenstein • Faith May • Catherine Tallichet • Alex Harden • Priscilla Marden • Ken Eva • Tim Oakley • Kira Brazinski • Colman Ernst • Pete Lagerveld • Betsy Palmer • Danny Shervin • Cindy, Jim & Claire Radda • Stacey Price • Maureen Murphy • Randy Dana • Elizabeth Hipp • Troy Price • Katie Madden & Cahoots • Tracey & Tim Trefren • Jaime Farmer • Debby Hathcock • Madeline Melka • Cheri Witz • Sandy Turner • All the PATIENT Horses!

**This year
The White
Horse Social
raised a
whopping
\$12,377.15
for scholarship
and program
support!!!
Thank you for
helping us
provide an
evening of
fun and
entertainment
for
families
in our
community.
A good time
was had by
all!!!**



Graine stands patiently while becoming an Equine Mural!

2010 White Horse

Social Date:

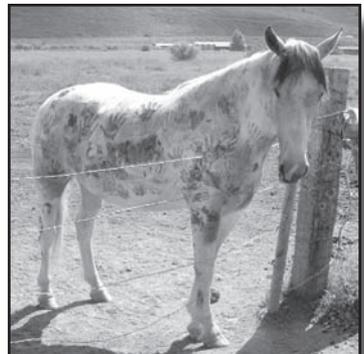
Tuesday

July 27

6-8 PM

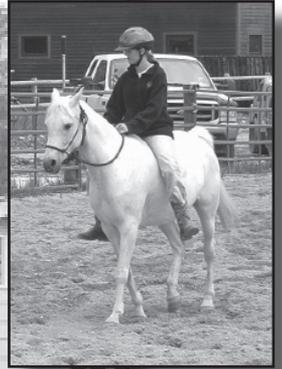
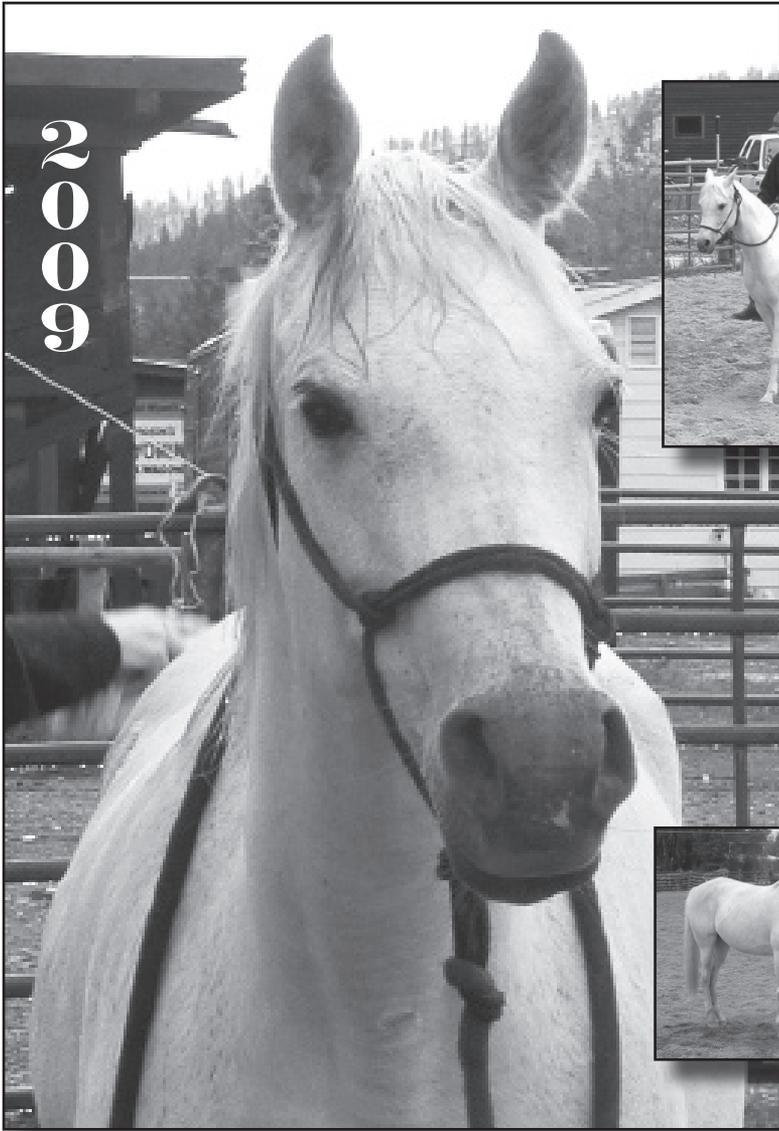
at the Fairgrounds

See you there!



Silver liked her paint job so much she wore it till the next day! (The morning after the WHS all the horses get a long bubble bath to clean off the paint.)

2009



*The Rainbow Bridge
is Crossed Again...*

• BELLE •
1994 - 2009

Thank You to all of our Old Bill's Donors!!



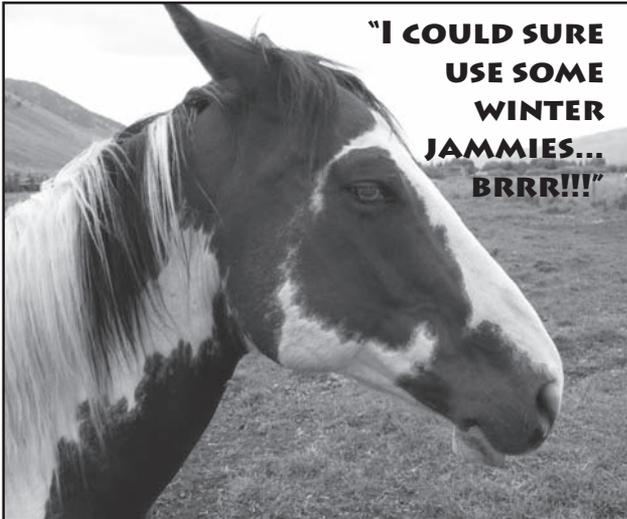
Old Bill's Fun Run is our biggest source of general program funding. It pays for things like liability insurance, utilities, the gymkhana (family games day), postage, emergency cell phone, equipment, our small but essential salaries, etc.. Our loyal donors are MUCH beloved!!

Specialty Restaurants • Bill & Martha Best • Cecelia Tallichet • Faith & Mike May • Kenneth Dennis • Anonymous • Mary & Bian McSorley • Lee & Bob Naylor/Lazy L & B Ranch • Catherine Tallichet • Jim Tallichet • Tim Oakley • Maria & Paul Armstrong • Anonymous • Gene & Claire Elmore • Ann & Kent Nelson • Petie Bennett • Anonymous • Bobbi & Jim Moses • Nancy & Chuck Resor • Priscilla Marden & Tony Panarisi • Gertrude Brennan • Alison Brush • Anne & Eric Delahaye • Cathy Dombi & Philip Trautman • Diane & Dave Foertsch • Ann Harvey • Sally Haubert • Maggie & Dan Land • Liz & Kelly Lockhart • Alice & Fred Nicol • Cindy & Jim Radda • Lisa Ridgway • Anonymous • Suzanne Young • Betty Baril • Judie & Carl Schmidlapp • Julie Birrer • Catharine Bieser Black • Kathie & John Brazinski • Diana Brown • Susanna Colloredo • Martha & John Gilmore • Susan Hedden • Clarene & Creed Law • Matt & Judy Montagne • Anonymous • Marilyn & Rick Paul • Jackson Pediatrics • Bill & Nancy Pettus • Schroth & Schroth • Catherine Smith & Carl Detwyler • The Witz Family • Susan Juvelier • Sandy & Dick Shuptrine • Neal & Nancy Henderson • Corie Rybak • Carol Black • Syd & Gary Elliott • June Green • Anonymous • Ruth & Ernie Patterson • Patsy & David Raam • Susan & Mitch Rowe • Sarah & Jim Sullivan • Libby & Peter Wood • Mark Houser • Rhea Lewis & David Chaser • Lisa & Russ Ruschill • Debbie Schlinger • Meghan Smith • Sharon & Shane Williams • Andrea Billingsley • Cindy & Matt Daly • Susan Kerley • Kathleen Osterman-Meisner • Heather Smith

NEEDS: (HELP, HELP!)

Since our last request for equipment donations we have managed to procure everything on that former list! We are VERY thankful. This year we have come up with a few more items we desperately need:

- **New Table Top Copy Machine** (or a used one that *really* works well)
- **Used 4-wheeler in good running condition:** (for feeding hay, dragging pastures in the spring & fall)
- **New or used winter horse blankets:** for our older horses (3 more needed)
(Thank you, PC Fund for Animals for the first of these!)



**"I COULD SURE
USE SOME
WINTER
JAMMIES...
BRRR!!!"**

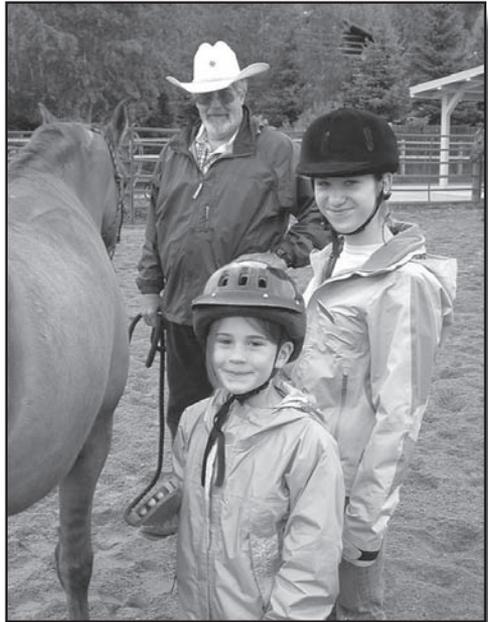
If you have any of these items, or if you know of someone else who does, please call the office and let us know- thanks!

(307) 733-7464

New Year's Resolution:

"I'm Going to Help Horse Warriors!!"

Did you know that TUITION only covers 20% of our expenses?



We rely on individual donations for better than half of our annual income. Our donors are **Real People**; people who care about kids, who love animals, who understand that healthy communities are made up of healthy individuals. That's why they support our work. We're much more than just horses - we are a solid future for young people and their families who want to create a safe and fulfilling life.

Please take the time to send us a donation - every dollar helps us! Thank you!!

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

DONATION AMOUNT: _____

HORSE WARRIORS™

UNLOCKING SUCCESSES, ONE KID AT A TIME

P.O. Box 602
JACKSON HOLE • WYOMING 83001

